

Specification of Competency Standards
for the Logistics Industry
Unit of Competency

Functional Area - Cargo Safety and Security

Title	Implement fatigue management strategy
Code	LOCUSS408B
Range	This unit of competency is applicable to logistics service providers. Practitioners should be capable of implementing fatigue management strategies with reference to the applicable legislation and regulations covering the fatigue management in the workplace.
Level	4
Credit	6 (For Reference Only)
Competency	<p>Performance Requirements</p> <p>1. Knowledge of fatigue management</p> <ul style="list-style-type: none"> • Know about the principles of fatigue management • Understand relevant legislation and regulations • Understand the business operations of logistics related industries • Understand company policy and procedures <p>2. Monitor the implementation of fatigue management strategy</p> <ul style="list-style-type: none"> • Monitor work activities of employees, subcontractors and suppliers in the supply chain with reference to the organisation's fatigue risk management implementation plan • Undertake scheduled reviews versus actual hours of work and identify breaches of compliance, and take action to analyse the reasons and rectify the situation <p>3. Apply fatigue management in workplace policies, procedures and regulations</p> <ul style="list-style-type: none"> • Identify symptoms and signs of fatigue • Recognise and report breaches of fatigue management procedures, policies, and regulations as per standard procedures • Investigate traceable incidents and errors to non-compliance with fatigue management procedures and regulations • Take appropriate action to ensure continuous and future compliance with fatigue management policy and procedures <p>4. Develop and assess staff competence in fatigue management</p> <ul style="list-style-type: none"> • Develop and provide appropriate training programmes and learning resources to ensure employees understand the fatigue management policies and procedures • Assess employees to confirm they are understood the organisation's fatigue management strategies and able to apply them into their routine activities and responsibilities • Identify deficiencies of individual employees to apply the organisation's fatigue management strategies, and provide learning opportunities to ensure employees can achieve the required competence <p>5. Provide feedback to employees shortcomings in fatigue management skills and knowledge</p> <ul style="list-style-type: none"> • Obtain and interpret evidence of any shortcomings in fatigue management strategies from fatigue signs and symptoms observation, work performance evaluations, and competence assessments • Provide feedback to relevant personnel on identified shortcomings in fatigue management strategies and provide appropriate counselling and support

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	<ul style="list-style-type: none"> • Provide further learning opportunities and information to groups and individuals to assist them in implementation of fatigue management strategies <p>6. Report on the implementation of fatigue management policy</p> <ul style="list-style-type: none"> • Carry out periodic audits of fatigue management strategies implementation as per standard procedures • Analyse and investigate safety incidents and accidents to identify the extent to which fatigue might have been a contributing factor • Prepare and submit reports on the implementation of fatigue risk management systems to relevant personnel
Assessment Criteria	<p>The integrated outcome requirements of this unit of competency are:</p> <ul style="list-style-type: none"> • Capable of applying knowledge of fatigue management in workplace activities; • Capable of implementing fatigue management strategies; and • Capable of providing feedback to employees on any shortcomings in fatigue management skills and knowledge
Remark	