

Specification of Competency Standards
for the Elderly Care Service Industry
Unit of Competency

Unit of Competency is applicable across different functional areas

Title	Help Elderlies use Assistive Devices
Code	106208L2
Range	This Unit of Competency is applicable to employees in the elderly care service industry who provide care service to elderlies. This Competency applies to a familiar, predicable, day-to-day, routine working environment. Employees are required to provide appropriate assistance and guidance, according to the assistive devices that the elderlies need to use, and to take safety precautions, in order to improve elderlies' self-care.
Level	2
Credit	3 (For Reference Only)
Competency	<p>Performance Requirements</p> <p>1. Relevant knowledge on helping elderly use assistive devices</p> <p style="padding-left: 20px;">Be able to</p> <ul style="list-style-type: none"> • Understand elderlies' mobility level and their conditions, such as: <ul style="list-style-type: none"> ○ Range of movement of upper limbs ○ Hand movement ○ Ability to move themselves and lower limb mobility • Understand common types of assistive devices, such as: <ul style="list-style-type: none"> ○ Bathing chairs and bath boards ○ Assistive dinnerware and cooking devices ○ Long-handled reaching aids and grabber tools ○ Commodes ○ Fixed and mobile handrails and grab bars ○ Dressing aids. • Understand the methods of use for various assistive devices and issues that need special attention • Understand the purpose of using assistive devices among the elderly <p>2. Help elderlies use assistive devices</p> <p style="padding-left: 20px;">Be able to</p> <ul style="list-style-type: none"> • Provide appropriate assistance based on elderlies' mobility level and their needs for assistive devices, such as: <ul style="list-style-type: none"> ○ Explain and demonstrate to the elderly the proper method of use ○ Practise using those devices with the elderlies and correct their mistakes ○ Use simple command to guide elderly ○ Assist elderlies to put on assistive devices ○ Assist elderlies when they are transferred ○ Encourage elderlies to practise using the devices frequently. • Take safety measures to avoid accident when using assistive devices such as: <ul style="list-style-type: none"> ○ Commodes should be placed next to the elderlies' beds ○ Use correct techniques to lift and transfer the elderlies and ensure both employees themselves and the elderlies are safe ○ Ensure handrail and grab bars are secure and sturdy • Consult with healthcare professionals if any problem arises when helping elderlies use the assistive devices <p>3. Exhibit professionalism</p> <p style="padding-left: 20px;">Be able to</p>

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	<ul style="list-style-type: none">• Assist the elderlies to use assistive devices while putting their safety first• Be mindful of the anxiety and discomfort experienced by elderlies; provide comfort and support• Boost elderlies' ability of self-care and confidence, so as to maintain their dignity
Assessment Criteria	<p>The integrated outcome requirements of this Unit of Competency are:</p> <ul style="list-style-type: none">• Ability to provide appropriate assistance and guidance to elderlies regarding the proper usage of assistive devices according to their mobility level and needs for assistive devices; and• Ability to take safety precautions; prevent accidents and ensure that the elderlies use assistive devices safely.
Remark	