

**Specification of Competency Standards**  
**for the Elderly Care Service Industry**  
**Unit of Competency**

Functional Area - Psychosocial & Spiritual Care

Title	Teach Carers to provide special care to Elderlies
Code	106139L5
Range	This Unit of Competency is applicable to employees in the elderly care service industry responsible for special care training. This competency involves the ability of critical analysis and assessment. Employees are required to assess carers' educational need to provide special care to elderlies, offer guidance to carers to provide appropriate care in home environment safely and effectively according to the special care condition of elderlies, so as to ensure elderlies receive the best care.
Level	5
Credit	6 (For Reference Only)
Competency	<p>Performance Requirements</p> <p>1. Relevant knowledge on special care for elderlies and skills to offer guidance to carers</p> <p style="padding-left: 40px;">Be able to</p> <ul style="list-style-type: none"> <li>• Understand the knowledge and skills to provide special care for elderlies, for example , pressure sore management, nasogastric tube feeding, how to change nasogastric tube and urinary catheter, cleaning wound, stoma care and conducting peritoneal dialysis</li> <li>• Understand simple human anatomy and basic sport science</li> <li>• Understand the ways to assess carers' educational needs, and methods and skills for carers to learn special care</li> <li>• Understand carers' sources of stress and ways to assess their stress level, such as feeling anxious because they haven't mastered the special care skills on their own</li> <li>• Understand other resources for elderly care in the community</li> </ul> <p>2. Teach carers to perform special care for elderlies</p> <p style="padding-left: 40px;">Be able to</p> <ul style="list-style-type: none"> <li>• Set a learning direction together with carers according to elderlies' care needs, provide guidance systematically and clearly according to carers' learning ability</li> <li>• Master the key points when offering guidance, including <ul style="list-style-type: none"> <li>○ Motivate carers to learn and provide an objective for care provision, for example, understand how appropriate pressure sore care can help the wound heal</li> <li>○ Use different methods to convey the information, (for example, lecture, discussion, demonstration, practising, exchange of ideas with other carers or healthcare professionals) according to carers' ability</li> <li>○ Teach carers the procedures to perform special care and specify issues that need special attention</li> <li>○ Practise and recap key points in the training session</li> <li>○ Teach them how to monitor the condition of elderlies; when elderlies show abnormal or deteriorating condition, inform relevant staff immediately to make sure immediate management is performed</li> </ul> </li> <li>• Ensure carers understand clearly the training content and skills therein, and how they can be used when performing special care</li> <li>• Evaluate how well the training material works in real life regularly with carers, and make appropriate adjustments when needed</li> <li>• Assess continuously carers' ability to provide nursing care; make referrals to community nurse if they come across any difficulty, in order to ensure that elderlies receive appropriate care</li> <li>• Make good use of elderly care resources, or contact relevant professional medical institutions/agencies for further guidance or services to carers</li> </ul>

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	<p>3. Exhibit professionalism</p> <p>Be able to</p> <ul style="list-style-type: none"><li>• Provide appropriate guidance and teach carers patiently, effectively improve their ability and confidence to provide special care to elderlies</li></ul>
Assessment Criteria	<p>The integrated outcome requirement of this Unit of Competency is:</p> <ul style="list-style-type: none"><li>• Ability to assess elderlies' special care needs according to their conditions; provide concrete and feasible guidance to carers; boost their ability and confidence to provide elderlies with special care, as well as improve the health condition of elderlies.</li></ul>
Remark	