

**Specification of Competency Standards**  
**for the Elderly Care Service Industry**  
**Unit of Competency**

Functional Area - Psychosocial & Spiritual Care

Title	Teach Carers to provide Emergency Care to Elderlies
Code	106137L5
Range	This Unit of Competency is applicable to employees in the elderly care service industry responsible for emergency care training. This competency involves assessing elderlies' needs for emergency care, and assessing carers' educational needs and ability to provide emergency care to elderlies, giving guidance to carers regarding immediate management, in order to protect elderlies' life.
Level	5
Credit	6 (For Reference Only)
Competency	<p>Performance Requirements</p> <p>1. Relevant knowledge on emergency care for elderlies and the skills to give guidance to carers</p> <p style="padding-left: 40px;">Be able to</p> <ul style="list-style-type: none"> <li>• Understand the knowledge and skills required to provide immediate management to elderlies under various common emergency situations, such as identifying the signs and symptoms of stroke and sudden cardiac arrest.</li> <li>• Understand the ways to assess carers' educational needs in terms of emergency care and ways to offer guidance</li> <li>• Understand carers' sources of stress and how to assess them, such as inability to stay calm after a sudden incidence</li> <li>• Understand the knowledge and skills for self-relief of stress after managing emergency incidence</li> <li>• Understand other resources that provide elderly care in the community</li> </ul> <p>2. Teach carers to perform emergency care for elderlies</p> <p style="padding-left: 40px;">Be able to</p> <ul style="list-style-type: none"> <li>• Set a direction and learning goals with the carers according to elderlies' potential risks; systematically offer carers with guidance regarding the proper ways to react and handle emergency situations</li> <li>• Master the key points when providing guidance, including <ul style="list-style-type: none"> <li>○ Motivate carers to learn, for example, proper care helps reduce elderlies' risk of suffering from certain health conditions</li> <li>○ Teach carers about signs and symptoms that imply elderlies might be in emergency conditions</li> <li>○ Use different methods to convey the information, for example, lecture, discussion, demonstration, practising, exchange of ideas with other carers or healthcare professionals, according to carers' ability</li> <li>○ Teach carers ways to manage emotion under emergency conditions and the proper way to offer immediate management</li> <li>○ Recap key points of the training</li> </ul> </li> <li>• Ensure carers understand of the content and skills of covered in the training</li> <li>• Encourage carers to take first aid courses held by various institutions if they are interested</li> <li>• Make good use of elderly care resources, or contact relevant professional medical institutions/agencies for further guidance or services for the carers</li> </ul> <p>3. Exhibit professionalism</p> <p style="padding-left: 40px;">Be able to</p>

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	<ul style="list-style-type: none"><li>• Provide appropriate guidance and teach carers patiently, effectively improve their ability and confidence when performing emergency care for elderlies</li></ul>
Assessment Criteria	The integrated outcome requirement of this Unit of Competency is: <ul style="list-style-type: none"><li>• Ability to assess elderlies' emergency care needs according to their potential risks; provide concrete and feasible guidance to carers; boost their ability and confidence when providing immediate care under emergency circumstances.</li></ul>
Remark	