

Specification of Competency Standards
for the Elderly Care Service Industry
Unit of Competency

Functional Area - Psychosocial & Spiritual Care

Title	Provide Spiritual Support for Elderlies' Well-being
Code	106113L2
Range	This Unit of Competency is applicable to employees in the elderly care service industry who provide frontline services to elderlies. This Competency involves working in a familiar, day-to-day environment and should be performed under supervision. Employees are required to provide support and assistance according to elderlies' spiritual needs, so as to assist them to achieve spiritual well-being.
Level	2
Credit	2 (For Reference Only)
Competency	<p>Performance Requirements</p> <p>1. Relevant knowledge on spiritual health of elderlies</p> <p style="padding-left: 20px;">Be able to</p> <ul style="list-style-type: none"> • Understand the meaning of spiritual health, such as: <ul style="list-style-type: none"> ○ Build positive self-image ○ Derive fulfilment, support and engagement in psychological, thinking, behavioural and lifestyle terms ○ Possess a positive and proactive philosophy and values ○ Stay joyful and optimistic • Understand spiritual needs of elderlies • Understand the techniques to build relationships with elderlies • Understand the techniques to support elderlies' spiritual health <p>2. Support spiritual health of elderlies</p> <p style="padding-left: 20px;">Be able to</p> <ul style="list-style-type: none"> • Observe changes in elderlies' emotions and behaviours, as well as identify their spiritual needs • Understand spiritual health conditions of elderlies, such as: <ul style="list-style-type: none"> ○ Satisfaction towards their current lives ○ Having a sense of direction towards lives ○ when facing difficulties, their points of view and solutions in mental, behavioural and lifestyle terms • Support elderlies' spiritual health via various channels according to their varying needs, such as: <ul style="list-style-type: none"> ○ Encourage elderlies to persist in religious pursuits and activities, such as praying, Sunday worship and reciting hymns, in order to keep them engaged emotionally, and to earn spiritual support and fulfilment ○ Encourage elderlies to participate in volunteering work to build a positive attitude, philosophy and values towards life ○ Encourage elderlies to accept blessings and care from others and to pass them on to others, such as accepting visits from charitable agencies or volunteers ○ Encourage elderlies to seek help when needed • Report spiritual health conditions of elderlies to supervisors regularly, for prompt and proper follow-up actions if deemed necessary by supervisors • Document the spiritual support provided to elderlies in their care plans after handling cases <p>3. Exhibit professionalism</p>

Specification of Competency Standards
for the Elderly Care Service Industry
Unit of Competency

Functional Area - Psychosocial & Spiritual Care

	<p>Be able to</p> <ul style="list-style-type: none">• Build a positive relationship with elderlies and stay objective• Stay open towards different religious core values without prejudice• Identify elderlies' spiritual needs and provide proper encouragement and assistance
Assessment Criteria	<p>The integrated outcome requirements of this Unit of Competency are:</p> <ul style="list-style-type: none">• Ability to provide proper support according to elderlies' spiritual needs so as to help them achieve spiritual well-being, and• Ability to report spiritual health conditions of elderlies to supervisors regularly to speed up the provision of support.
Remark	