

Specification of Competency Standards
for the Elderly Care Service Industry
Unit of Competency

Functional Area - Clinical Care

Title	Provide Rehabilitation Orthotic Care
Code	106092L3
Range	This Unit of Competency is applicable to employees in the elderly care service industry who provide rehabilitation care service to elderlies. This competency applies to a familiar, predictable, systemic, day-to-day working environment. Employees are required to provide basic check-up and maintenance of orthoses to elderlies, according to the advices from healthcare professionals, in order to ensure orthoses function normally .
Level	3
Credit	3 (For Reference Only)
Competency	<p>Performance Requirements</p> <p>1. Relevant knowledge on orthotic care</p> <p>Be able to</p> <ul style="list-style-type: none"> • Understand the use and basic mechanism of orthoses • Understand the material needed for making an orthosis • Understand the ways to put on an orthosis and duration of wearing • Understand the methods to perform orthotic care, such as: <ul style="list-style-type: none"> ○ locations that need checking, such as pressure points, and common locations of wear and tear ○ Methods to make adjustments ○ Methods to clean orthoses ○ Proper storage • Understand the orthoses prescribed for elderlies by healthcare professionals and their maintenance methods • Understand the purposes of prescribing orthoses for elderlies <p>2. Provide orthotic care</p> <p>Be able to</p> <ul style="list-style-type: none"> • Provide appropriate care according to the types and material of orthoses used by elderlies, such as: <ul style="list-style-type: none"> ○ Check whether elderlies experience any discomfort when wearing orthoses ○ Orthoses should be of the right fit, neither too loose nor too tight. Check how orthoses fit elderlies and adjust accordingly ○ Clean orthoses regularly with appropriate methods according to the properties of the materials that orthoses are made with, so as to ensure hygiene ○ Guide or assist elderlies to store orthoses in appropriate places, for example, plastic orthoses should be stored at cool places away from the sun • Provide simple maintenance to orthoses regularly; ask elderlies to try on the adjusted orthoses to ensure they fit well and function normally • For structural problems of orthoses such as damage or pressure points causing discomfort, refer the case to healthcare professionals for follow-up actions <p>3. Exhibit professionalism</p> <p>Be able to</p> <ul style="list-style-type: none"> • Ensure orthoses function normally and elderlies use them safely • Perform general repairmen for orthoses
Assessment Criteria	The integrated outcome requirements of this Unit of Competency are:

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	<ul style="list-style-type: none">• Ability to provide appropriate care and maintenance for orthoses prescribed for elderlies by healthcare professionals; and• Ability to ensure orthoses function normally and elderlies use it safely; refer the cases to healthcare professionals for follow-up action if necessary for any structural problem.
Remark	