

**Specification of Competency Standards**  
**for the Elderly Care Service Industry**  
**Unit of Competency**

Functional Area - Clinical Care

Title	Traumatic Bleeding Management
Code	106082L4
Range	This Unit of Competency is applicable to employees in elderly care services industry who provide clinical care to elderlies. This Competence involves the ability of analysis and making judgment. Employees are required to assess the conditions of the elderlies, provide appropriate first-aid care, and arrange in-patient care for patients in need according to relevant procedures and guidelines of the institution regarding management of traumatic bleeding, in order to prevent the cases from worsening and promote recovery of the patients.
Level	4
Credit	1 (For Reference Only)
Competency	<p>Performance Requirements</p> <p>1. Relevant knowledge on traumatic bleeding</p> <p style="padding-left: 40px;">Be able to</p> <ul style="list-style-type: none"> <li>• Understand relevant procedures and guidelines of the institution regarding management of traumatic bleeding</li> <li>• Understand the basic physiology and anatomy of blood circulation system</li> <li>• Understand the definition of trauma and management of trauma in different body parts</li> <li>• Understand the types, signs and symptoms of bleeding and their impacts on life</li> <li>• Understand the types of wound, for example, cuts, laceration, stabbed wounds, and bruises; and their respective causes, symptoms and management methods</li> <li>• Understand the methods to stop bleeding and apply bandage on different body parts, including: <ul style="list-style-type: none"> <li>○ Use of direct and indirect compression to stop bleeding</li> <li>○ Manage embedded foreign bodies</li> </ul> </li> <li>• Understand the management of shock and syncope <ul style="list-style-type: none"> <li>○ Assess elderlies' level of consciousness</li> <li>○ Maintain patent airway</li> <li>○ Measure vital signs</li> </ul> </li> <li>• Understand how to provide cardiopulmonary resuscitation</li> <li>• Understand the standard precautions for infection control</li> </ul> <p>2. Management of traumatic bleeding</p> <p style="padding-left: 40px;">Be able to</p> <ul style="list-style-type: none"> <li>• Understand the actual environment and condition of elderlies, minimize the risk under safe and feasible circumstances, including: <ul style="list-style-type: none"> <li>○ ensure safety of employees themselves, elderlies and others</li> <li>○ remove obstacles</li> <li>○ evacuate the crowd</li> <li>○ move elderlies to a safer place</li> </ul> </li> <li>• Take standard infection control precautions, such as wearing gloves before contacting the wound</li> <li>• Assess the conditions of the elderlies, and determine the severity, for example, <ul style="list-style-type: none"> <li>○ Ask the patients and other witnesses about the incidence and understand how they are injured, such as violent attack, knife injury, or fall</li> <li>○ Assess elderlies level of consciousness, including airway, breathing, and pulse</li> <li>○ Detect any symptom of shock caused by bleeding</li> <li>○ Examine the spine for any injury</li> <li>○ Carefully examine the wound and assess its type and severity</li> </ul> </li> </ul>

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	<ul style="list-style-type: none"> <li>• If the injury is severe, or patients display symptoms of shock and syncope, perform cardiopulmonary resuscitation or first aid management of shock and syncope. Call an ambulance promptly; inform supervisor and request for support</li> <li>• Manage traumatic bleeding according to relevant procedures and guidelines of the institution regarding management of traumatic bleeding, including             <ul style="list-style-type: none"> <li>○ Perform relevant measures to stop bleeding according to the type and location of the wound</li> <li>○ Manage any embedded foreign bodies properly</li> <li>○ Apply bandage onto the wound appropriately</li> <li>○ Comfort the patients, and observe closely for any worsening of conditions</li> </ul> </li> <li>• Report to the ambulance personnel the sequence of events leading to trauma, vital signs of elderlies and treatments given</li> <li>• Document the whole first-aid procedure in detail, and keep the record properly</li> </ul> <p>3. Exhibit professionalism</p> <p style="padding-left: 20px;">Be able to</p> <ul style="list-style-type: none"> <li>• Assess and manage life-threatening conditions among patients properly</li> <li>• Protect privacy of the patients during the first aid process</li> <li>• Minimize pain and discomfort caused to patients and comfort them</li> </ul>
Assessment Criteria	<p>The integrated outcome requirements of this Unit of Competency are:</p> <ul style="list-style-type: none"> <li>• Ability to assess the conditions and severity of the patients and determine whether in-patient care is needed; and</li> <li>• Ability to provide appropriate management, according to relevant procedures and guidelines of the institution regarding management of acute stroke, and the severity and location of the wound, and physical conditions of elderlies</li> </ul>
Remark	<p>1. Employees performing this unit of competency are supposed to have acquired fundament first-aid knowledge; and</p> <p>2. Cardiopulmonary resuscitation is currently performed only by holders of recognized and valid first-aid certificate.</p>