

Specification of Competency Standards
for the Elderly Care Service Industry
Unit of Competency

Functional Area - Clinical Care

Title	Perform Colostomy Care
Code	106064L3
Range	This Unit of Competency is applicable to employees in elderly care service industry who provide clinical care to elderlies. This competency involves the ability to make judgment. Employees are required to provide care for colostomy to elderlies and monitor normal functioning of their colostomy according to relevant guidelines of the institution and their colonial health conditions so as to improve elderlies' health of digestive tract.
Level	3
Credit	3 (For Reference Only)
Competency	<p>Performance Requirements</p> <p>1. Knowledge related to the care for colostomy</p> <p style="padding-left: 40px;">Be able to</p> <ul style="list-style-type: none"> • Understand the basic anatomy of digestive system, for example, the position and functions of duodenum, small intestine, colon and anus • Understand common indications and purposes of colostomy • Understand the normal condition of a colostomy • Understand the required appliances and equipment for the care for colostomy, including: <ul style="list-style-type: none"> ○ different types of colostomy bags and their respective functions ○ stoma measuring cards • Understand methods to change colostomy bags and care procedures for stoma • Understand methods to inspect the conditions of the stoma and the surrounding skin • Understand methods to care for the stoma and the surrounding skin <p>2. Provide care for colostomy</p> <p style="padding-left: 40px;">Be able to</p> <ul style="list-style-type: none"> • Verify identities of elderlies, assess the conditions of the colostomy and the surrounding skin, such as <ul style="list-style-type: none"> ○ Colour, shape and secretions of the colostomy ○ Amount and colour of excrement ○ Conditions of the surrounding skin • Perform preparations for colostomy care correctly, including <ul style="list-style-type: none"> ○ Prepare supplies and tools applicable to individual elderlies, such as dressing, colostomy bags ○ Take standard infection control measures, such as washing hands, wearing gloves • Change the colostomy bags correctly and take related care measures, including: <ul style="list-style-type: none"> ○ Remove any excrement inside the colostomy bag ○ Clean the stoma and the surrounding skin ○ Prevent skin irritation or abrasion with different products, such as skin barrier powder or cream ○ Measure the stoma size and prepare a suitable colostomy bag in accordance with the size measured • Monitor any possible complications, such as: <ul style="list-style-type: none"> ○ Skin damage ○ Excessive skin cuticle growth • Report to healthcare professionals immediately when the stoma is found to be abnormal • Document the details of excrement and faeces, including:

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	<ul style="list-style-type: none"> ○ Date, time and methods for changing colostomy bags, the amount and the colour of excrement <p>3. Exhibit professionalism</p> <p>Be able to</p> <ul style="list-style-type: none"> • provide elderlies with colostomy care strictly according to the guidelines of the institution regarding colostomy care • Protect the privacy of elderlies and maintain their dignity • Be mindful of the anxiety and discomfort elderlies may experience. Offer comfort and support
Assessment Criteria	<p>The integrated outcome requirements of this unit of competency are:</p> <ul style="list-style-type: none"> • Ability to change colostomy bags and take related care measures according to relevant guidelines of the institution and elderlies' colonial health conditions; and • Monitor any possible complications and document the procedures performed and relevant details of colostomy care.
Remark	