

**Specification of Competency Standards**  
**for the Elderly Care Service Industry**  
**Unit of Competency**

Functional Area - Clinical Care

Title	Formulate Wounds Caring Plan
Code	106057L5
Range	This Unit of Competency is applicable to employees in elderly care services industry who provide clinical care to elderlies. This Competency involves ability of critical analysis and assessment. Employees are required to formulate suitable wound care plans according to the condition of the wound and the factors affecting wound healing, including establishing wound care objectives and relevant measures and reviewing the effectiveness of the plan regularly, in order to facilitate wound healing and prevent wound infections.
Level	5
Credit	6 (For Reference Only)
Competency	<p>Performance Requirements</p> <p>1. Knowledge on wound care</p> <p>Be able to</p> <ul style="list-style-type: none"> <li>• Understand the causes of wounds, classifications and relevant anatomy</li> <li>• Understand the normal wound healing process and conditions that facilitate healing</li> <li>• Understand methods to assess of different types of wounds</li> <li>• Understand the principles of promoting wound healing, including <ul style="list-style-type: none"> <li>○ medical history of elderlies</li> <li>○ controlling inflammation and infection</li> <li>○ keep the wound at suitable humidity</li> <li>○ improve nutritional status</li> <li>○ the lifestyle habits of elderlies</li> </ul> </li> <li>• Understand different types of wound care procedure</li> <li>• Understand skills required to assess wound healing progress</li> <li>• Understand skills to formulate wound care plans</li> <li>• Understand the relevant details needed to care for wounds among elderlies, for example: <ul style="list-style-type: none"> <li>○ the lifestyle habits of elderlies</li> <li>○ the ability of the carer to handle the wound</li> </ul> </li> <li>• Understand the community resources available for wound care, for example <ul style="list-style-type: none"> <li>○ community nurse service</li> <li>○ out-patient clinics</li> <li>○ wound-care nurse service</li> </ul> </li> </ul> <p>2. Formulating wound care plan</p> <p>Be able to</p> <ul style="list-style-type: none"> <li>• Evaluate the condition of the wound and the factors affecting wound healing among elderlies, such as: <ul style="list-style-type: none"> <li>○ the type and the location of the wound</li> <li>○ the condition of the periwound skin</li> <li>○ the nutritional status of elderlies</li> <li>○ medical illnesses that hinder wound healing, such as diabetes</li> <li>○ pain .</li> <li>○ Establish treatment goals according to conditions of elderlies and their wound</li> </ul> </li> <li>• Formulate personalized wound care plan according to wound care principles, for example: <ul style="list-style-type: none"> <li>○ the types of dressings to be used</li> <li>○ the method of wound cleansing</li> </ul> </li> </ul>

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	<ul style="list-style-type: none"> <li>○ the method of wound dressing</li> <li>• Make good use of community resources; make referral if necessary</li> <li>• Allow elderlies and their family members to participate in formulating the wound care plan in order to optimize the plan according to their needs</li> <li>• Review the efficacy of the wound care plan and make adjustment accordingly</li> <li>• Make use of the appropriate format of designing wound care plan and include every detail</li> </ul> <p>3. Exhibit professionalism</p> <p>Be able to</p> <ul style="list-style-type: none"> <li>• Formulate wound care plans according to evidence-based guidelines; lay down care assessments and care procedures required</li> <li>• Formulate wound care plan objectively and respect the right of choice of elderlies and their family</li> </ul>
Assessment Criteria	<p>The integrated outcome requirements of this Unit of Competency are:</p> <ul style="list-style-type: none"> <li>• Ability to assess the condition of the wound; identify the factors affecting the wound healing; formulate a personalized wound care plan; and</li> <li>• Ability to use the correct format to design wound care plans, and review their efficacy.</li> </ul>
Remark	