

**Specification of Competency Standards**  
**for the Elderly Care Service Industry**  
**Unit of Competency**

Functional Area - Clinical Care

Title	Perform General Wounds Dressing
Code	106055L3
Range	This Unit of Competency is applicable to employees in the elderly care service industry who provide clinical care to elderlies. This Competency involves ability to make judgment. Employees are required to perform general wound care to elderlies according to relevant guidelines and protocol of the institution and conditions of wounds, monitor the healing progress of wounds, so as to promote wound healing and prevent infections.
Level	3
Credit	3 (For Reference Only)
Competency	<p>Performance Requirements</p> <p>1. Knowledge on wound care</p> <p style="padding-left: 40px;">Be able to</p> <ul style="list-style-type: none"> <li>• Understand the causes of wounds, their classifications and the relevant anatomy</li> <li>• Understand the basic assessment of wounds, for example: <ul style="list-style-type: none"> <li>○ the size of the wound</li> <li>○ the amount of exudate</li> </ul> </li> <li>• Understand methods to apply dressings to general wounds</li> <li>• Understand the factors that affect wound healing, for example: <ul style="list-style-type: none"> <li>○ nutritional status</li> <li>○ the location of the wound</li> </ul> </li> <li>• Understand methods to perform wound assessment</li> <li>• Understand aseptic techniques</li> <li>• Understand methods to cleanse and care for wound</li> <li>• Understand ways to monitor the progress of wound healing</li> <li>• Understand the relevant guidelines of the institution regarding wound cleansing</li> </ul> <p>2. Wound cleansing</p> <p style="padding-left: 40px;">Be able to</p> <ul style="list-style-type: none"> <li>• Verify the identity of the elderly and the instructions from healthcare professionals regarding wound cleansing <ul style="list-style-type: none"> <li>○ use the correct wound dressings</li> <li>○ use the correct cleansing method</li> <li>○ use the correct dressing method</li> </ul> </li> <li>• Assess the condition of the wound and factors that affect wound healing</li> <li>• Explain the procedures to elderlies and obtain their consent; take measures to protect their privacy; help or guide them to stay in proper posture during the procedure; ensure elderlies feel comfortable throughout the wound cleansing process</li> <li>• Provide wound cleansing and care, including: <ul style="list-style-type: none"> <li>○ use of aseptic techniques</li> <li>○ use of suitable dressings</li> <li>○ dress the wound and secure the dressing</li> </ul> </li> <li>• Monitor the healing of the wound, by checking: <ul style="list-style-type: none"> <li>○ the size of the wound</li> <li>○ the nature and volume of exudate</li> </ul> </li> <li>• Monitor for possible complications that may arise after cleansing wounds, such as: <ul style="list-style-type: none"> <li>○ pain</li> <li>○ bleeding</li> <li>○ wound failing to heal for prolonged period</li> </ul> </li> </ul>

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	<ul style="list-style-type: none"> <li>• Notify medical professionals immediately for any abnormality</li> <li>• Proper documentation of the relevant details of wound care procedures, for example:             <ul style="list-style-type: none"> <li>○ the dressing used</li> <li>○ condition of the wound</li> </ul> </li> </ul> <p>3. Exhibit professionalism</p> <p style="padding-left: 20px;">Be able to</p> <ul style="list-style-type: none"> <li>• Provide wound care strictly according to the relevant guidelines and protocols of the institution</li> <li>• Protect the privacy of elderlies throughout the procedure and minimize the pain caused</li> <li>• Protect the privacy of elderlies and maintain their dignity</li> <li>• Be mindful of the anxiety and discomfort that elderlies may experience; offer support and comfort</li> </ul>
Assessment Criteria	<p>The integrated outcome requirements of this Unit of Competency are:</p> <ul style="list-style-type: none"> <li>• Ability to choose appropriate wound cleansing method and provide the care procedures according to the condition of the wound and relevant guidelines of the institution regarding wound care; and</li> <li>• Ability to monitor the progress of wound healing, and document properly the nursing care procedure provided.</li> </ul>
Remark	<p>The general wounds include: stage one and stage two pressure sores, and non-infectious wounds.</p>