

Specification of Competency Standards
for the Elderly Care Service Industry
Unit of Competency

Functional Area - Clinical Care

Title	Perform Urinary Stoma Care
Code	106049L3
Range	This Unit of Competency is applicable to employees in the elderly care services industry who provide clinical care to elderlies. This Competency involves abilities to make judgment. Employees are required to provide urinary stoma care to elderlies according to the relevant guidelines of the institution, instructions of healthcare professionals and the conditions of urinary stoma, so as to minimize the risk of complications.
Level	3
Credit	6 (For Reference Only)
Competency	<p>Performance Requirements</p> <p>1. Knowledge on urinary stoma care</p> <p style="padding-left: 40px;">Be able to</p> <ul style="list-style-type: none"> • Understand the basic anatomy of human urinary system, for example: <ul style="list-style-type: none"> ○ urinary bladder ○ urethra • Understand the common indications for artificial urinary bladder • Understand the types of artificial urinary bladder <ul style="list-style-type: none"> ○ Ileal conduit ○ Colon conduit • Understand urinary stoma care products • Understand the use of pouching system on urinary stoma, including <ul style="list-style-type: none"> ○ replacement of skin barriers ○ connection of valved-urostomy pouch to the urinary stoma • Understand the common complications related to urinary stoma <ul style="list-style-type: none"> ○ abrasions of the surrounding skin ○ retractions • Understand methods to empty the urostomy pouch • Understand methods of urinary stoma care • Understand the guidelines of the institution regarding urinary stoma care <p>2. Urinary stoma care</p> <p style="padding-left: 40px;">Be able to</p> <ul style="list-style-type: none"> • Perform urinary stoma care correctly according to the relevant guidelines of the institution at regular intervals • Empty the pouch properly, adjust the interval according to the volume of urine passed, for example: <ul style="list-style-type: none"> ○ take standard precautions, wear gloves and wash hands ○ measure the volume of urine passed and clean the measuring cups • Change the pouch system at regular intervals and according to the condition of the urinary stoma, including: <ul style="list-style-type: none"> ○ remove the used pouch with care ○ use warm water to cleanse the urinary stoma and the surrounding skin ○ replace with an empty pouch, ensuring the valve is properly closed • Use appropriate urostomy care products according to the instructions of healthcare professionals, including: <ul style="list-style-type: none"> ○ skin barrier paste ○ skin barrier powder • Monitor the condition of the stoma and detect complications, for example:

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	<ul style="list-style-type: none"> ○ skin reactions in areas surrounding the stoma ○ inflammation of the stoma ○ leaking of the pouching system ○ turbid urine or reduced urine output ● Encourage and educate elderlies to care for their own urinary stoma to reduce the risk of complications ● If signs of urostomy complications appear, attend to the case immediately; report to healthcare professionals if necessary ● Document properly the details of urinary stoma care, including: <ul style="list-style-type: none"> ○ the colour, nature and volume of the urine ○ the condition of the urinary stoma <p>3. Exhibit professionalism</p> <p>Be able to</p> <ul style="list-style-type: none"> ● Provide urinary stoma care strictly according to the relevant guidelines and protocols of the institution ● Protect the privacy of elderlies and maintain their dignity ● Be mindful of the anxiety and discomfort that elderlies may experience; offer support and comfort.
Assessment Criteria	<p>The integrated outcome requirements of this Unit of Competency are:</p> <ul style="list-style-type: none"> ● Ability to provide urinary stoma care according to the condition of the urinary stoma, relevant guidelines of the institution and instructions of the medical professionals; and ● Ability to monitor the condition of the urinary stoma and the surrounding skin, detect any sign of complications and document the relevant details properly.
Remark	