

**Specification of Competency Standards**  
**for the Elderly Care Service Industry**  
**Unit of Competency**

Functional Area - Clinical Care

Title	Perform Faecal Incontinence Care
Code	106048L2
Range	This Unit of Competency is applicable to employees in the elderly care services industry who provide clinical care to elderlies. Employees are required to provide faecal incontinence care under supervision according to the relevant guidelines of the institution and incontinence training plan designed by healthcare professionals, in order to minimize the negative impact of incontinence, and improve elderlies' quality of life.
Level	2
Credit	3 (For Reference Only)
Competency	<p>Performance Requirements</p> <p>1. Relevant knowledge on faecal incontinence care</p> <p style="padding-left: 40px;">Be able to</p> <ul style="list-style-type: none"> <li>• Understand the causes of faecal incontinence</li> <li>• Understand the negative impacts of faecal incontinence, for example: <ul style="list-style-type: none"> <li>○ mental well-being</li> <li>○ social well-being</li> <li>○ conditions of the skin</li> </ul> </li> <li>• Understand the skills required to conduct incontinence training</li> <li>• Understand the use of different types of toileting equipment, including: <ul style="list-style-type: none"> <li>○ commodes</li> <li>○ bedpans</li> </ul> </li> <li>• Understand the use of different types of incontinence products, including: <ul style="list-style-type: none"> <li>○ incontinence pants</li> <li>○ diapers</li> </ul> </li> <li>• Understand the relevant incontinence care guidelines</li> </ul> <p>2. Provide faecal incontinence care</p> <p style="padding-left: 40px;">Be able to</p> <ul style="list-style-type: none"> <li>• Conduct appropriate care procedures and training according to the care plan or training plan designed by healthcare professionals, for example: <ul style="list-style-type: none"> <li>○ administer laxatives or other medication as prescribed</li> <li>○ provide appropriate diet</li> <li>○ instil regular bowel habits</li> </ul> </li> <li>• Provide elderlies with appropriate toileting equipment and incontinence products and help elderlies use them</li> <li>• Provide proper skin care to those who are using diapers, for example: <ul style="list-style-type: none"> <li>○ using barrier cream</li> <li>○ using skin cleansers with moisturizing ingredients</li> </ul> </li> <li>• Document properly the procedure performed, and the condition of the stool, including the quality and colour</li> </ul> <p>3. Exhibit professionalism</p> <p style="padding-left: 40px;">Be able to</p> <ul style="list-style-type: none"> <li>• Provide proper faecal incontinence care according to the relevant guidelines and protocols of the institution, and incontinence training plan designed by healthcare professionals</li> <li>• Protect the privacy of elderlies and maintain their dignity</li> </ul>

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	<ul style="list-style-type: none"><li>• Be mindful of the anxiety and discomfort caused by the procedure and offer support and comfort</li><li>• Strengthen the self-care ability of the elderly and promote their confidence</li></ul>
Assessment Criteria	<p>The integrated outcome requirements of this Unit of Competency are:</p> <ul style="list-style-type: none"><li>• Ability to provide proper incontinence training according to the guidelines and instructions of medical professionals;</li><li>• Ability to provide the appropriate incontinence products to elderlies and help elderlies use them; to provide faecal incontinence care; and</li><li>• Ability to document the procedure performed and the condition of the stool.</li></ul>
Remark	