

**Specification of Competency Standards**  
**for the Elderly Care Service Industry**  
**Unit of Competency**

Functional Area - Clinical Care

Title	Perform Contact Precautions
Code	106019L2
Range	This Unit of Competency is applicable to employees in the elderly care service industry who provide clinical nursing and services to elderlies. Under the supervision and according to the guidelines of the institution on infection control, employees are required to perform contact precautions by preventing transmission of diseases via contact.
Level	2
Credit	2 (For Reference Only)
Competency	<p>Performance Requirements</p> <p>1. Relevant knowledge on contact precautions</p> <p>Be able to</p> <ul style="list-style-type: none"> <li>• Understand the guidelines of the institution on infection control</li> <li>• Understand the basic knowledge on infectious diseases, for example, chain of infection, source of infection, transmission routes and the relationship between infective agents and host.</li> <li>• Understand contact precautions and their scope of application, such as: <ul style="list-style-type: none"> <li>○ Proper hand hygiene procedures</li> <li>○ Procedures of disposing of contaminated wastes and items</li> <li>○ Environmental cleansing measures</li> <li>○ Proper use of personal protective equipment</li> <li>○ Proper donning and doffing of personal protective equipment</li> <li>○ Appropriate isolation measures.</li> </ul> </li> </ul> <p>2. Perform contact precautions</p> <p>Be able to</p> <ul style="list-style-type: none"> <li>• Perform relevant preventions for elderlies with diseases transmitted by contact, including: <ul style="list-style-type: none"> <li>○ Implement isolation measures: use isolation room, designated equipment, limit visitation.</li> <li>○ Perform environmental cleansing</li> <li>○ Use personal protective equipment properly</li> <li>○ Don and doff personal protective equipment properly</li> <li>○ Adopt proper hand hygiene measures</li> <li>○ Dispose of contaminated items properly</li> <li>○ Handle contaminated items properly after use</li> </ul> </li> <li>• Notify the Centre for Health Protection and inform Social Welfare Department when needed</li> </ul> <p>3. Exhibit professionalism</p> <p>Be able to</p> <ul style="list-style-type: none"> <li>• Strictly follow the guideline of the institution on infection control to prevent the transmission of infectious diseases</li> <li>• Be mindful of elderlies' discomfort and fear towards isolation, and provide appropriate explanations and offer comfort</li> </ul>
Assessment Criteria	The integrated outcome requirements of this Unit of Competency is:

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	<ul style="list-style-type: none"><li>• Ability to correctly perform contact precautions, according to the guidelines of the institution on infection control, to prevent elderlies from being infected.</li></ul>
Remark	Reference: Hong Kong Department of Health, Centre for Health Protection (2007) Guidelines on Prevention of Communicable Diseases in Residential Care Homes for the Elderly.