

**Specification of Competency Standards**  
**for the Elderly Care Service Industry**  
**Unit of Competency**

Functional Area - Clinical Care

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| Title      | Monitor Complications arising from diseases   |
| Code       | 106017L5  |
| Range      | This Unit of Competency is applicable to employees in the elderly care service industry who provide clinical nursing care to elderlies. This Competency involves the ability to critically analyse information and perform assessment. Employees are required to assess the signs and symptoms of elderly patients, analyse and identify the possible complications appeared according to signs and symptoms, determine the severity, so as to provide interventions and make referral in timely manner, to reduce the impact of disease on elderlies.  |
| Level      | 5   |
| Credit     | 9 (For Reference Only)  |
| Competency | <p>Performance Requirements</p> <p>1. Basic relevant knowledge on complications of disease</p> <p style="padding-left: 40px;">Be able to</p> <ul style="list-style-type: none"> <li>• Understand the common diseases among the elderly, their symptoms, complications and relevant pathophysiology</li> <li>• Understand the methods to monitor disease complications</li> <li>• Understand the methods to analyse various monitoring readings</li> <li>• Understand the management of complications, including emergency management</li> <li>• Understand the skills to document and draft reports</li> </ul> <p>2. Monitor complication arising from diseases</p> <p style="padding-left: 40px;">Be able to</p> <ul style="list-style-type: none"> <li>• Verify identity, ensure the correct identity of elderly</li> <li>• Understand and assess elderlies' body conditions using various methods, such as: <ul style="list-style-type: none"> <li>○ Studying their medical history</li> <li>○ Apply visual inspection, auscultation, palpation and percussion to examine elderlies physically</li> <li>○ Utilize devices for observation and measurement, such as stethoscope and blood glucose monitoring device</li> <li>○ Review the medical record of elderlies, interview them and their families to look for relevant information related to the illness</li> </ul> </li> <li>• Analyse the data collected from observation, identify the complications and symptoms, and determine its severity</li> <li>• Perform immediate management for patients with acute complications, such as: <ul style="list-style-type: none"> <li>○ Provide oxygen or perform resuscitation</li> <li>○ Provide medications.</li> </ul> </li> <li>• Refer the cases to appropriate healthcare professionals if necessary, such as: <ul style="list-style-type: none"> <li>○ Seek assistance from doctor before adjusting the medication routine</li> <li>○ Refer the case to dietitian to improve elderlies' diets</li> </ul> </li> <li>• Record the conditions of elderlies accurately, monitor the figures closely and perform care procedures</li> </ul> <p>3. Exhibit professionalism</p> <p style="padding-left: 40px;">Be able to</p> <ul style="list-style-type: none"> <li>• Use professional knowledge and skills, and give appropriate assessment to elderlies</li> <li>• Take note of possible complications and symptoms early on to prevent the condition from worsening</li> </ul> |

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|                     | <ul style="list-style-type: none"><li>• Understand the special conditions and needs of individual elderlies, and provide follow-up checks for long-term comparison</li></ul>   |
| Assessment Criteria | <p>The integrated outcome requirements of this Unit of Competency are:</p> <ul style="list-style-type: none"><li>• Ability to monitor elderlies' symptoms of complication appropriately by assessment and analysis, provide appropriate management and make referrals to healthcare professionals; and</li><li>• Ability to document elderlies' conditions of complication and the care procedures accurately.</li></ul> |
| Remark              | Employees implementing this unit of competency are supposed to have knowledge on the common diseases among the elderly.  |