

Specification of Competency Standards
for the Elderly Care Service Industry
Unit of Competency

Functional Area - Clinical Care

Title	Formulate Personal Advanced Care Plans for elderlies
Code	106014L5
Range	This Unit of Competency is applicable to employees in the elderly care service industry who provide clinical care to elderlies. This Competency involves abilities of critical analysis and making judgment, including health assessment, nursing diagnosis, planning and reviewing the effectiveness of the plan. Employees are required to assess the care need of elderlies and design appropriate personal advanced care plan according to the health assessment of the elderlies, in order to manage chronic diseases and improve elderlies' quality of health.
Level	5
Credit	5 (For Reference Only)
Competency	<p>Performance Requirements</p> <p>1. Relevant knowledge on personal advance care plan for elderly</p> <p style="padding-left: 40px;">Be able to</p> <ul style="list-style-type: none"> • Understand the common chronic diseases among the elderly and how they influence their daily life, such as: <ul style="list-style-type: none"> ○ Food choice restrictions for elderlies with diabetes ○ Mobility level and self-care ability among post-stroke elderlies • Understand the care procedures including: <ul style="list-style-type: none"> ○ Health assessment ○ Establish nursing diagnosis and formulate care plans ○ Implement care procedures and review the effectiveness • Understand the skills required to conduct health assessment for elderlies • Understand the skills required to confirm elderlies' health issues and to make nursing diagnosis • Understand elderlies' needs in a personal advanced care plan, and the measures that improve their health • Understand the format of drafting a care plan and the analytic skills required, such as: <ul style="list-style-type: none"> ○ Make nursing diagnosis in PES format ○ Set up care objectives in SMART format <p>2. Design personal advanced care plans for elderlies</p> <p style="padding-left: 40px;">Be able to</p> <ul style="list-style-type: none"> • Assess the health conditions of elderly patients comprehensively by various means, and collect health data, such as: <ul style="list-style-type: none"> ○ Body check ○ Use clinical charts ○ Interview ○ Laboratory reports ○ Medical advices from specialist • Analyse health data of elderlies, make existing or potential nursing diagnosis, and determine the order of priority in care need, according to on the disease's impact on their health and daily life • Formulate objectives of care plan based on nursing diagnosis • Focus on elderlies' advanced care needs, design personal care measures • Ensure that relevant care measures and specialist treatments can achieve the objectives in the care plan • Through effective communication channels, make the elderlies and their caregivers to understand and agree on the content of the care plan

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	<ul style="list-style-type: none"> • Review the effectiveness of the care plan regularly and to make adjustments when needed • After formulating the care plan, document the details in written and proper format <p>3. Exhibit professionalism</p> <p>Be able to</p> <ul style="list-style-type: none"> • Design personal advanced care plan for elderlies objectively using professional knowledge, while respecting elderlies' and/or their families' right of choice • Be mindful of elderlies' individual needs, accommodate their personal habits and lifestyle as far as possible
Assessment Criteria	<p>The integrated outcome requirements of this Unit of Competency are:</p> <ul style="list-style-type: none"> • Ability to analyse relevant health data, make nursing diagnosis using professional knowledge, and formulate appropriate advanced care plan after assessing elderlies' health conditions; • Ability to evaluate the effectiveness of personal advanced care plan, analyse and adjust accordingly; and • Ability to document the details in personal advanced care plan in proper format.
Remark	<p>Employees implementing this unit of competency are supposed to have knowledge on common chronic diseases among the elderly and respective care procedures.</p>