

Specification of Competency Standards
for the Elderly Care Service Industry
Unit of Competency

Functional Area - Clinical Care

Title	Formulate Personal Basic Care Plans for Elderlies
Code	106005L4
Range	This Unit of Competency is applicable to employees in the elderly care service industry who provide clinical care to elderlies. This Competency involves abilities to analyse and make judgment, for tasks like health assessment, care diagnosis, planning and evaluation. Employees are required to design appropriate basic personal care plans based on factors such as the needs, living environment and resources of the elderlies and caregivers, in order to improve the health of the elderlies.
Level	4
Credit	2 (For Reference Only)
Competency	<p>Performance Requirements</p> <p>1. Relevant knowledge on basic personal care plan for elderlies</p> <p style="padding-left: 40px;">Be able to</p> <ul style="list-style-type: none"> • Understand the elderlies' bodily conditions and relevant factors • Understand the content and objectives of care procedure (health assessment, care diagnosis, planning and evaluation) • Understand the relevant social resources on elderly care • Understand the skills required for health assessment • Understand how to set health questions and the skills required • Understand the principles of drafting care plans <p>2. Design basic personal care plan for elderlies</p> <p style="padding-left: 40px;">Be able to</p> <ul style="list-style-type: none"> • Assess and analyse the existing physical and mental health conditions of the elderlies • Determine the order of priority on elderlies' need for care, with respect to the severity of their health problems and their level of concern • Establish the need for care, and set up the objectives of care plan • Design personalized care measures to achieve the objectives of care plan • Let the elderlies and their caregivers clearly understand the content of care plan and seek their consent to such content, through effective communication channels • Ensure that the responsible employee are able to understand, master and implement the care plan being set up, through communication and monitoring mechanism • Evaluate and assess the effectiveness of relevant care plan regularly, and make adjustment when needed • Refer the cases to healthcare professionals if other medical interventions are required after assessing the health condition of elderlies • If the elderlies needs medical attention from other institutions, communicate closely with those institutions, to provide relevant and accurate information • Document the designed care plan; assess and evaluate the results regularly and / or when necessary <p>3. Exhibit professionalism</p> <p style="padding-left: 40px;">Be able to</p> <ul style="list-style-type: none"> • Design rehabilitation treatment plan for the elderlies while respecting the preferences of the elderlies and their family • Provide appropriate and personalized care plan based on the personal and special needs of the elderlies

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Assessment Criteria	The integrated outcome requirements of this Unit of Competency are: <ul style="list-style-type: none">• Ability to establish the need for care accurately, set up objectives of care plan, formulate and design personalized care plan appropriately according to the health condition of the elderlies; and• Ability to evaluate the effectiveness of basic personal care plan for the elderlies, analyze and adjust the plan to improve the health of the elderlies.
Remark	Employees implementing this Unit of Competency are supposed to have knowledge on the health condition of and the care procedures for the elderlies.