

Specification of Competency Standards
for the Elderly Care Service Industry
Unit of Competency

Functional Area - Clinical Care

Title	Provide Oral Care
Code	105999L2
Range	This Unit of Competency is applicable to employees working in the elderly care service industry who are responsible for providing care services to elderlies. Employees are required to perform this Competency under supervision, so as to provide oral care to elderlies, maintain their oral cleanliness and prevent oral health problems, according to the relevant care procedures and guidelines of the institution and based on elderlies' oral conditions .
Level	2
Credit	3 (For Reference Only)
Competency	<p>Performance Requirements</p> <p>1. Provide relevant knowledge on oral care</p> <p>Be able to</p> <ul style="list-style-type: none"> • Understand the procedures and guidelines of the institution on oral care • Understand the oral condition of individual elderlies • Understand the various measures that promote oral health among the elderly under different circumstances, such as: <ul style="list-style-type: none"> ○ Oral care measures for elderlies who are able to take care of themselves ○ Oral care measures for bedridden or comatose elderlies ○ Oral care measures for elderlies who wear dentures • Understand the common oral diseases among the elderly and relevant treatments, such as: <ul style="list-style-type: none"> ○ Dental caries ○ Periodontitis ○ Ill-fitted dentures ○ Oral inflammation • Understand healthcare professionals' assessment and advices with respect to elderlies' oral condition <p>2. Provide oral care</p> <p>Be able to</p> <ul style="list-style-type: none"> • Provide oral care to elderlies and prevent oral diseases on day-to-day basis according to the procedures and guidelines of the institution on oral health, such as: <ul style="list-style-type: none"> ○ Assist elderlies to remove food debris in their mouth ○ Assist elderlies to brush their teeth with fluoride toothpaste once in the morning and once at night ○ Provide a toothbrush with suitable soft bristles ○ Assist elderlies to clean gaps between teeth with an interdental brush ○ Assist elderlies to rinse their mouth with mouthwash according to advices from healthcare professionals • Provide appropriate oral care to elderlies with removable dentures and help them clean their dentures, such as: <ul style="list-style-type: none"> ○ Assist elderlies to remove dentures ○ Clean their dentures with a few drops of detergent and a soft-bristle toothbrush ○ Rinse their dentures thoroughly ○ Soak the cleaned dentures into a cup of water or denture solution • Provide appropriate oral care measures for comatose or bedridden elderlies, such as: <ul style="list-style-type: none"> ○ Help the elderlies lie in lateral position, or keep them in semi-Fowler's position and put a bib under their chin

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	<ul style="list-style-type: none"> ○ Use a tongue press to help elderlies open their mouth ○ Use cotton swabs or a wood stick wrapped in gauze dressing to clean the elderlies' teeth, gum and tongue without choking them, while preventing injury of their gum or oral mucus membrane ○ Put balm on the elderlies' lips when necessary ● Document the oral care measures taken for elderlies ● Observe elderlies' oral and teeth conditions; check whether the dentures fit well and take note of any damage. Report immediately to healthcare professionals if problems arise. <p>3. Exhibit professionalism</p> <p>Be able to</p> <ul style="list-style-type: none"> ● Perform oral care on elderlies patiently and carefully ● Check elderlies' oral condition carefully and spot any problem as soon as possible
Assessment Criteria	<p>The integrated outcome requirements of this Unit of Competency are:</p> <ul style="list-style-type: none"> ● Ability to provide oral care to elderlies on day-to-day basis and maintain their oral hygiene in accordance with the relevant care procedures and guidelines of the institution; and ● Ability to provide appropriate oral care to individual elderlies according to the oral assessment and advices from healthcare professionals.
Remark	