

**Specification of Competency Standards**  
**for the Elderly Care Service Industry**  
**Unit of Competency**

Functional Area - Clinical Care

Title	Perform Standardized Infection Control Measures
Code	105998L2
Range	This Unit of Competency is applicable to employees working in the elderly care service industry. This Competency applies to a familiar daily working environment where employees are required to perform appropriate infection control measures to prevent spreading of diseases in accordance with the standard infection control policies, procedures and guidelines of the institution.
Level	2
Credit	9 (For Reference Only)
Competency	<p>Performance Requirements</p> <p>1. Relevant knowledge on standard infection control measures</p> <p style="padding-left: 40px;">Be able to</p> <ul style="list-style-type: none"> <li>• Understand the policies, procedures and guidelines on standard infection control measures of the institution</li> <li>• Understand all potentially infectious contaminants including blood, body fluids, urine, faeces, excretions, saliva, sputum, vomit, wound and mucous secretions, etc.</li> <li>• Understand the content and procedures of infection control measures such as: <ul style="list-style-type: none"> <li>○ Concept of infectious diseases</li> <li>○ Awareness and maintenance of personal hygiene</li> <li>○ Proper use of face mask</li> <li>○ Proper hand washing techniques</li> <li>○ Proper use of personal protective equipment</li> <li>○ Proper way of donning and doffing personal protective equipment</li> <li>○ Disinfection procedures</li> <li>○ Proper handling of sharp items and needles</li> <li>○ Disposal of medical wastes and contaminated items</li> </ul> </li> </ul> <p>2. Perform standard infection control measures</p> <p style="padding-left: 40px;">Be able to</p> <ul style="list-style-type: none"> <li>• Follow standard infection control procedures and guidelines of the institution in daily scope of work</li> <li>• Maintain personal hygiene</li> <li>• Ensure personal safety according to the health conditions and infectious risk of elderlies by preparing and wearing personal protective equipment including masks, gloves, goggles/face masks, and protective suits when necessary</li> <li>• Proper handling of different contaminants such as: <ul style="list-style-type: none"> <li>○ Clean and sterilize bedding, clothing and devices used by the elderlies</li> <li>○ Use a sharps box to collect contaminated /used sharp objects</li> <li>○ Properly dispose of dressing or medical wastes contaminated by blood or body fluid</li> </ul> </li> </ul> <p>3. Exhibit professionalism</p> <p style="padding-left: 40px;">Be able to Strictly follow the standard infection control measures adopted by the institution</p>
Assessment Criteria	The integrated outcome requirement of this Unit of Competency is:

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	<ul style="list-style-type: none"><li>• Ability to follow the policies, procedures and guidelines of standard infection control measures laid down by the institution, to strictly perform standardized infection control measures, maintain personal hygiene, properly dispose of contaminants, and prevent the spreading of infectious diseases.</li></ul>
Remark	