

**Specification of Competency Standards**  
**for the Elderly Care Service Industry**  
**Unit of Competency**

Unit of Competency is applicable across different functional areas

Title	Provide Home Care Services
Code	110926L2
Range	This Unit of Competency is applicable to frontline practitioners who provide home care services in the elderly care service industry. The application requires performing a range of tasks in predictable and structured working environments, and its execution requires understanding abilities and interpretation skills. Practitioners should be able to provide home care services for the elderly persons according to the organization's guidelines and procedures on caregiving services, as well as the elderly's needs.
Level	2
Credit	2 (For Reference Only)
Competency	<p>Performance Requirements</p> <p>1. Relevant knowledge on caregiving services</p> <ul style="list-style-type: none"> <li>• Understand the organization's guidelines and procedures for home care services</li> <li>• Understand the organization's guidelines on occupational safety and health</li> <li>• Understand the purpose of home care services, such as: <ul style="list-style-type: none"> <li>○ Attend to the elderly persons, solve their daily problems and assist in their daily needs</li> <li>○ Ensure the elderly's safety at home</li> <li>○ Accompany the elderly persons, reduce their loneliness, and support their emotional needs, etc.</li> </ul> </li> <li>• Understand the various aspects on the elderly's condition, and the assistance they require, such as: <ul style="list-style-type: none"> <li>○ Chronic disease</li> <li>○ Mobility</li> <li>○ Cognitive ability</li> <li>○ Mental status</li> <li>○ Medications, etc.</li> </ul> </li> <li>• Understand the relevant service content and their required skills</li> <li>• Understand the work arranged by the senior/supervisor</li> </ul> <p>2. Provide home care services</p> <ul style="list-style-type: none"> <li>• Understand the elderly's condition and required assistance from the senior/supervisor, and prepare appropriate materials according to the organization's guidelines and procedures on caregiving services</li> <li>• Provide home care services according to the arrangements by the senior/supervisor, as well as the elderly's needs, such as: <ul style="list-style-type: none"> <li>○ To attend to the elderly persons, depending to their cognitive abilities and weather conditions, remind them to wear or remove clothes, assist in putting on and taking off clothes, assist in toileting, etc.</li> <li>○ To ensure the elderly's safety at home, assist them when going to the toilet</li> <li>○ To accompany the elderly persons, talk to them and attend to their emotions</li> </ul> </li> <li>• Utilize the appropriate and correct skills according to the elderly's physical conditions, such as: <ul style="list-style-type: none"> <li>○ Transfer and support skills</li> <li>○ Skills for using wheelchairs, etc.</li> </ul> </li> <li>• Ensure self-protection to avoid strains or injuries when providing services, according to the organization's occupational safety and health guidelines, such as: <ul style="list-style-type: none"> <li>○ Maintain the correct posture</li> </ul> </li> </ul>

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	<ul style="list-style-type: none"> <li>○ Use energy conserving techniques, etc.</li> <li>• Report the elderly's condition to the senior/supervisor in a timely manner</li> </ul> <p>3. Exhibit professionalism</p> <ul style="list-style-type: none"> <li>• Ensure compliance with the organization's guidelines and procedures when working</li> <li>• Understand the elderly's abilities and respect their autonomy, and provide services and activities within the scope of home care services according to the capabilities of the arrangements and the organization's guidelines</li> </ul>
Assessment Criteria	<p>The integrated outcome requirements of this Unit of Competency are:</p> <ul style="list-style-type: none"> <li>• Able to provide caregiving services according to the organization's procedures and service content related to home care services, as well as the elderly's needs, in order to ensure their safety; and</li> <li>• Able to attend to the elderly persons and their needs, and assist in relieving their stress.</li> </ul>
Remark	