

Specification of Competency Standards
for the Elderly Care Service Industry
Unit of Competency

Functional Area - Home and Community Care

Title	Provide Household Cleaning Services
Code	110860L2
Range	This Unit of Competency is applicable to frontline practitioners who provide home support services in the elderly care service industry. The application requires performing a range of tasks in predictable and structured working environments, and its execution requires understanding abilities and interpretation skills. Practitioners should be able to utilize relevant knowledge and skills to provide household cleaning services for the elderly persons according to the organization's guidelines and the elderly's needs for household cleaning.
Level	2
Credit	2 (For Reference Only)
Competency	<p>Performance Requirements</p> <p>1. Relevant knowledge on household cleaning services</p> <ul style="list-style-type: none"> • Understand the organization's procedures and guidelines on household cleaning services • Understand the organization's guidelines on occupational safety and health • Understand the purpose of providing household cleaning services, such as: <ul style="list-style-type: none"> ○ Reduce the physical discomfort of the elderly persons due to housework ○ Reduce the chance of diseases caused by unhygienic home environments ○ Reduce the causes of disease deterioration, etc. • Understand the elderly's needs for home hygiene and cleaning • Understand the service content of household cleaning, such as: <ul style="list-style-type: none"> ○ Service quantity and frequency ○ Areas of cleaning, etc. • Understand the correct use of cleaning agents • Understand the knowledge and skills for household cleaning <p>2. Provide household cleaning services</p> <ul style="list-style-type: none"> • Remind the elderly persons to properly store valuable personal belongings before the scheduled cleaning services • Observe the elderly's home hygiene, or clean in the designated area according to the prior agreement between the organization and the elderly • Prepare relevant cleaning tools and supplies, and wear personal hygiene products, according to the organization's guidelines on household cleaning services, such as: masks, gloves, etc. • Ensure self-protection to avoid strains or injuries when providing services, according to the organization's occupational safety and health guidelines, such as: <ul style="list-style-type: none"> ○ Maintain the correct posture ○ Protect joints ○ Avoid working with shoes off and maintain a three-point support to prevent falls ○ Use energy conserving techniques, etc. • Utilize the appropriate cleaning supplies and tools • Utilize the following guidelines, if more than one household area needs to be cleaned, such as: <ul style="list-style-type: none"> ○ First clean from the high, then to the low areas ○ First clean from then dry, then to the wet areas ○ First clean from the inner, then to the outer areas, etc. • Precautions for household cleaning, such as: <ul style="list-style-type: none"> ○ Do not mix different cleaning agents together

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	<ul style="list-style-type: none"> ○ The more complex the composition of the detergent, the stronger the toxicity ○ Be on alert for loose furniture or dangers in the home environment, etc. ● After cleaning the house; make sure that the furniture, floors, etc., are kept dry and tidy, and tidy all cleaning supplies and tools to prevent the elderly persons from falling or tripping ● Comply with the occupational safety and health guidelines during work, such as: <ul style="list-style-type: none"> ○ When cleaning windows, do not open window grilles, etc. <p>3. Exhibit professionalism</p> <ul style="list-style-type: none"> ● Comply with the organization's procedures and guidelines when providing services ● Respect the elderly's' autonomy and clean their homes according to their needs ● Ensure self-protection according to the occupational safety and health guidelines during household cleaning services
Assessment Criteria	<p>The integrated outcome requirements of this Unit of Competency are:</p> <ul style="list-style-type: none"> ● Able to provide the elderly persons with household cleaning services according to their needs and the organization's procedures; and ● Able to provide services according to the organization's occupational safety and health guidelines, and utilize the relevant knowledge and skills to ensure the safety of the staff and the elderly persons.
Remark	