

Specification of Competency Standards
for the Elderly Care Service Industry
Unit of Competency

Functional Area - Psychosocial and Spiritual Care

Title	Guide the Elderly Persons/Carers on the Use of Rehabilitation Aids
Code	110823L3
Range	This Unit of Competency is applicable to practitioners who provide rehabilitation services in the elderly care service industry. The application requires performing a broad range of tasks in familiar and some unfamiliar working environments, and its execution requires analytical skills. Practitioners should be able to guide the elderly persons/carers on the correct use of rehabilitation aids, according to the elderly's mobility and self-care ability, the elderly persons/carers abilities, and environmental safety, in order to improve the carer's abilities to care for the elderly persons, reduce their stress and improve their self-confidence, thereby improving their quality of life.
Level	3
Credit	6 (For Reference Only)
Competency	<p>Performance Requirements</p> <p>1. Relevant knowledge on the elderly/carer's use of rehabilitation aids</p> <ul style="list-style-type: none"> • Understand the importance of using rehabilitation aids • Understand the common rehabilitation aids for the elderly persons • Understand the functions, operation, safety guidelines and methods of use of rehabilitation aids, etc. • Understand the storage, methods of basic inspection and maintenance of rehabilitation aids • Understand the elderly's mobility and self-care abilities, such as: <ul style="list-style-type: none"> ○ The range of movement of upper and lower limbs ○ Hand mobility ○ Transfer and lower limb mobility ○ Activities of Daily Living (ADLs) and Instrumental Activities of Daily Living (IADLs), etc. • Understand the methods to inspect the needs of the elderly persons/carers for the use of rehabilitation aids • Understand the personal abilities of the elderly persons and their carers, such as: <ul style="list-style-type: none"> ○ Communication skills ○ Learning abilities ○ Physical strength ○ Motivation, etc. <p>2. Guide the elderly persons/carers on the use of rehabilitation aids</p> <ul style="list-style-type: none"> • Arrange for the elderly persons/carers to use suitable rehabilitation aids, and adjust or select the appropriate model or size according to the elderly's mobility and self-care ability, the level of assistance required, their personal abilities and environmental safety • Ensure that safety measures are taken when using rehabilitation aids, in order to prevent accidents and protect the elderly/carer's safety, such as: <ul style="list-style-type: none"> ○ Ensure the stability of rehabilitation aids ○ Inspect for damage ○ Normal operation ○ Good performance, etc. • Understand the main points of the guidance, such as: <ul style="list-style-type: none"> ○ Increase learning motivation, such as: understanding the function of rehabilitation aids, the elderly/carer's benefits of using them

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	<ul style="list-style-type: none"> ○ Use various guidance methods according to the elderly/carer's abilities, such as: explanations, notes, demonstrations, internships, video recordings, etc. ○ Guide the elderly persons/carers the procedures and safety precautions for using rehabilitation aids ○ Review the exercises and point out the main points ○ Assess the elderly/carer's performance, and make corrections accordingly, etc. ● Ensure that the elderly persons/carers understand the skills of using rehabilitation aids, so that they can be applied to their daily care and rehabilitation training programs ● Educate the elderly persons/carers on the storage, methods of basic inspection and maintenance of rehabilitation aids, such as: <ul style="list-style-type: none"> ○ Store appropriately ○ Tools made of soft rubber should be stored in cool dry places, and avoid sun exposure ○ Methods of battery replacement or charging ○ Daily inspection methods ○ Cleaning methods, etc. ● Regularly perform inspections and maintenance on the elderly/carer's rehabilitation aids, if damage is found, arrange for repair or replacement as soon as possible, to ensure the safety of the users <p>3. Exhibit professionalism</p> <ul style="list-style-type: none"> ● Provide appropriate guidance and patient explanations to effectively improve the elderly/carer's abilities and confidence in the use of rehabilitation aids
Assessment Criteria	<p>The integrated outcome requirements of this Unit of Competency are:</p> <ul style="list-style-type: none"> ● Able to select suitable rehabilitation aids for the elderly persons/carers, according to the elderly's mobility and self-care ability, level of assistance required, the elderly/career's personal abilities, and environmental safety; ● Able to provide appropriate and effective guidance to the elderly persons/carers, to ensure that they understand the essentials and safety rules for using rehabilitation aids; and ● Able to educate the elderly persons/carers about the methods of daily inspection and maintenance for their rehabilitation aids, to ensure they are safe and in good condition.
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