

**Specification of Competency Standards**  
**for the Elderly Care Service Industry**  
**Unit of Competency**

Functional Area - Psychosocial and Spiritual Care

Title	Develop End-of-Life Care Plans (Elderly's Home)
Code	110820L5
Range	This Unit of Competency is applicable to practitioners who provide end-of-life services in the elderly care service industry. The application requires the demonstration of in-depth expertise or theoretical knowledge in a range of technical, professional or managerial working environments, and its execution requires careful thinking, critical analysis and decision-making skills. Practitioners should be able to understand the elderly's wishes and needs, and develop end-of-life care plans (elderly's home), according to the organization's policies, so that the elderly persons can spend the last days of their lives with dignity.
Level	5
Credit	6 (For Reference Only)
Competency	<p>Performance Requirements</p> <p>1. Relevant knowledge on developing end-of-life care plans (elderly's home)</p> <ul style="list-style-type: none"> <li>• Understand the purpose and importance of developing end-of-life care plans (elderly's home)</li> <li>• Understand the recipients of the end-of-life care plans (elderly's home), such as: <ul style="list-style-type: none"> <li>○ Elderly persons with terminal cancer</li> <li>○ Elderly persons with end-stage Parkinson's disease, etc.</li> </ul> </li> <li>• Understand the source of the recipient, such as: <ul style="list-style-type: none"> <li>○ Patients that are moderately or severely impaired, and require physical function improvement in their homes or the community care services</li> <li>○ Counseling patients</li> <li>○ Patients who require nursing support services, etc.</li> </ul> </li> <li>• Understand the knowledge of the elderly persons and their carers on the end-of-life care plans (elderly's home)</li> <li>• Understand the needs of elderly persons and their carers for end-of-life care</li> <li>• Understand the process of developing end-of-life care plans (elderly's home)</li> <li>• Understand the various community resources on end-of-life care</li> <li>• Understand the arrangements and managements of funerals</li> <li>• Understand the laws related to end-of-life care</li> <li>• Understand the skills of working with other professionals</li> <li>• Understand the skills to build relationships with the elderly persons and their carers</li> </ul> <p>2. Develop end-of-life care plans (elderly' home)</p> <ul style="list-style-type: none"> <li>• Assess and analyze the abilities of the elderly persons and their carers, according to the communication with the elderly persons, their carers and related professionals (such as: doctors, etc.)</li> <li>• Share the purpose and importance of end-of-life care plans with the elderly persons and their carers, so that they can make appropriate decisions, such as: <ul style="list-style-type: none"> <li>○ Express their wishes, and live their last days of life with dignity</li> <li>○ Relieve the stress of the carers, and promote their relationship with the elderly persons</li> </ul> </li> <li>• After the agreement with the elderly persons and their carers, develop their end-of-life care plans using different models, such as: <ul style="list-style-type: none"> <li>○ Counselling service</li> <li>○ Life and death education and allow the elderly persons decide on their funeral arrangements</li> <li>○ Relevant legal knowledge, such as:</li> </ul> </li> </ul>

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	<ul style="list-style-type: none"> <li>▪ Advance directives</li> <li>▪ Will processing, etc.</li> <li>○ Grief counselling</li> <li>○ Home environment safety assessment and improvement suggestions</li> <li>○ Respite services at home</li> <li>○ Escort services</li> <li>○ Daily nursing, such as: <ul style="list-style-type: none"> <li>▪ Moisturizing and massage</li> <li>▪ Assist getting out of bed</li> <li>▪ Assist turning over in bed, etc.</li> </ul> </li> <li>○ Home healthcare and rehabilitation services</li> <li>○ Referral services, such as: <ul style="list-style-type: none"> <li>▪ Palliative services</li> <li>▪ Residential respite services, etc.</li> </ul> </li> <li>• Attend to the elderly's spiritual needs, and encourage them to express their wishes to the relevant staff and carers</li> <li>• Keep appropriate records of the care plan, so that the relevant staff could coordinate and make appropriate arrangements according to the plan, and amend the contents according to the elderly's wishes</li> </ul> <p>3. Exhibit professionalism</p> <ul style="list-style-type: none"> <li>• Respect the elderly's autonomy when developing their care plans</li> <li>• Utilize sufficient community resources to meet the needs of the elderly persons and their carers</li> <li>• Comply with relevant legal requirements when developing care plans</li> </ul>
Assessment Criteria	<p>The integrated outcome requirements of this Unit of Competency are:</p> <ul style="list-style-type: none"> <li>• Able to educate the elderly persons and their carers, communicate well, and develop end-of-life care plans according to the elderly's wishes and related legal requirements, so that they can spend their last days of their lives with dignity.</li> </ul>
Remark	