

Specification of Competency Standards
for the Elderly Care Service Industry
Unit of Competency

Functional Area - Psychosocial and Spiritual Care

Title	Execute and Cooperate with the Elderly's End-of-Life Advance Care Plans
Code	110816L4
Range	This Unit of Competency is applicable to practitioners who provide community care services in the elderly care service industry. The application requires performing skilled tasks in familiar and some new working environments, and its execution requires analytical and decision-making skills. Practitioners should be able to execute and cooperate with the elderly's end-of-life advance care plans during their late stages of life, according to the organization's procedures, in order to improve their quality of their late stages of life, so that they can enjoy the rest of their lives.
Level	4
Credit	5 (For Reference Only)
Competency	<p>Performance Requirements</p> <p>1. Relevant knowledge on end-of-life advance care plans</p> <ul style="list-style-type: none"> • Understand the organization's procedures for executing end-of-life advance care plans • Understand the purpose and importance of executing and cooperating with the end-of-life advance care plans, including: <ul style="list-style-type: none"> ○ Respect life and the elderly persons, execute their personal wills, and achieve autonomy ○ Improve the mutual trust and understanding between the medical team, the elderly persons, and their family members to eliminate conflicts ○ Reduce unnecessary fatigue and pain for the elderly persons when they are dying ○ Reduce the difficulties, stress and guilt of the elderly's family members when facing the elderly's death • Understand the contents of the elderly's end-of-life advance care plans, such as: <ul style="list-style-type: none"> ○ Elderly's decisions on their treatment and care at the end of the lives ○ Elderly's choice of place of death and arrangements for death ○ Life review and consolidation of the elderly's life, as well as unfinished wishes, etc. • Understand the appropriate time to execute and cooperate with the end-of-life advance care plans, such as: <ul style="list-style-type: none"> ○ Illness at its terminal stage, with a life expectancy of less than one year ○ End-stage organ failure, cancer, dementia, etc., with repeated hospital admissions, eating disorders, etc. • Understand the skills of communicating with elderly persons and their family members <p>2. Execute and cooperate with the elderly's end-of-life advance care plans</p> <ul style="list-style-type: none"> • Clearly explain the content of the elderly's end-of-life advance care plans to the staff and execute corresponding arrangements, according to the organization's procedures, including: <ul style="list-style-type: none"> ○ Communicate closely with the medical team, and arrange for the end-of-life treatment according to the elderly's wishes, such as: <ul style="list-style-type: none"> ▪ Execute advance directives, do not send to hospital to receive ineffective and undesired treatment ▪ Arrange to receive palliative treatment at home ▪ Arrange appropriate transportation services to and from hospitals and residences to reduce the hospital stays for non-invasive treatment or examinations

Specification of Competency Standards
for the Elderly Care Service Industry
Unit of Competency

Functional Area - Psychosocial and Spiritual Care

	<ul style="list-style-type: none"> ▪ Simplify the admission procedures to avoid the fatigue generated by the admission, triage and discharge from the accident and emergency department, etc. ○ Communicate closely with the elderly's family members or their "substitute", and arrange end-of-life care according to the elderly's wishes, such as: <ul style="list-style-type: none"> ▪ Arrange for the elderly persons to receive care in their homes ▪ Only accept non-invasive care, such as: do not force tube feeding ▪ Arrange for the elderly's favorite family member, friends or carer to accompany and assist in taking care of the elderly ▪ Take care of the spiritual needs of the elderly persons and their family members, share their grief, etc. ○ Provide information and assistance according to the elderly's wishes on their death arrangements, such as: <ul style="list-style-type: none"> ▪ Methods of their funeral ▪ Consent for organ donation ▪ Consent to dissect their bodies, etc. ○ Assist the elderly persons to review their life experiences, consolidate their gains and losses, and try to help achieve any unfulfilled wishes in order to eliminate regrets, such as: <ul style="list-style-type: none"> ▪ Arrange to take final wedding photos with their spouse ▪ Contact friends whom they have not been in contact for many years ▪ Accompany the elderly persons to the theme park they wish to visit, etc. • Regularly contact the elderly persons, their family members, and their carers to ensure accurate and appropriate execution and cooperation with the needs of the elderly's end-of-life care <p>3. Exhibit professionalism</p> <ul style="list-style-type: none"> • Respect the elderly's wishes, and accurately comply, execute and cooperate with their end-of-life advance care plans
Assessment Criteria	<p>The integrated outcome requirements of this Unit of Competency are:</p> <ul style="list-style-type: none"> • Able to execute and cooperate with the elderly's end-of-life advance care plans during their late stages of life, according to the organization's procedures, in order to improve their quality of their late stages of life, so that they can enjoy the rest of their lives.
Remark	