Specification of Competency Standards
for the Elderly Care Service Industry
Unit of Competency

Functional Area - Psychosocial and Spiritual Care

Title	Assist in Social Groups and Activities
Code	110811L2
Range	This Unit of Competency is applicable to practitioners who provide frontline services in the elderly care service industry.The application requires performing a range of tasks in predictable and structured working environments, and its execution requires understanding abilities and interpretation skills.Practitioners should be able to provide suitable social groups and activities for the elderly persons to promote their social life, according to the arrangements and guidelines established by the senior/supervisor, and the social needs of the elderly persons.
Level	2
Credit	6 （For Reference Only）
Competency	Performance Requirements 1. Relevant knowledge on social groups and activities • Understand the organization's plans and practice manual on social groups and activities • Understand the importance and purpose of participation in social groups and activities, such as: o Participation would bring joy, satisfaction and improves the mental quality of the elderly persons o Reach out to the community, learn new things, and improve the connection between the elderly persons and the society o Meet new friends and broaden the social circle o Establish optimistic views on life, etc. • Understand the content and details of the execution of social groups and activities, such as: o Group objective, content and process o Target groups o Execution model o Required materials o Anticipated difficulties and their solutions o Review methods, etc. • Understand the elderly's social-related information, such as the social conditions of the elderly persons, etc. • Understand the skills needed to execute social groups and activities • Understand the requirements and assessment method expectations of the senior/supervisor in providing social groups and activities 2. Assist in leading social groups and activities • Provide social groups and activities for the elderly persons according to the plans and daily activity schedules developed by the senior/supervisor • Recruit suitable participants using different methods to ensure the cost-effectiveness of groups and activities, such as: o Member meetings o Event notice board o Event newsletter o Advertisement posters and leaflets o Individual invitations, etc. • Perform adequate preparations before the groups and activities according to the instructions by the senior/supervisor, such as: o Provision of materials

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	- o Environment layout - o Understand the social conditions of the participants - o Preview the content and procedures of the groups and activities, etc. - Explain the purpose and procedures of the groups and activities to the elderly persons - Utilize appropriate skills when assisting in leading groups and activities to help achieve their goals, such as: - o Adjust the content and process of the activity according to the requirements by the senior/supervisor, and the immediate response of the elderly persons - o Utilize tools and different styles of interpretation to enhance the attractiveness of groups and activities and the interactive abilities of the participants, such as: role-playing, drama, etc. - o Include simple and suitable games for the elderly persons according to the requirements by the senior/supervisor, and give rewards and appreciations when appropriate to enhance the elderly's satisfaction after participation - o Conduct group activities to strengthen the interaction and solidarity between elderly persons, as well as the excitement of the activity - o Arrange for volunteers to participate in activities with the elderly persons, to help drive the atmosphere and enhance their sense of involvement and participation - o Invite district groups or schools to cooperate, visit the elderly persons and organize activities, so that the elderly persons could experience the joys of multi-generation communions - Assess and review the shortcomings of the groups and activities using different methods, such as: - o Instant reactions of the participants - o Attendance rate per session - o Questionnaires - o Inquire about the participant's opinions, etc. - Record the elderly's condition in the groups and activities, and report to the senior/supervisor for analysis and follow-up purposes - Record and appropriately store the information of groups and activities - Identify areas of improvements and make amendments according to the opinions of the participants and the instructions by the senior/supervisor 3. Exhibit professionalism - Perform preparations for the social groups and activities according to the instructions by the senior/supervisor and the elderly's social needs - Understand the knowledge and skills for leading social groups and activities, to ensure they are provided in relaxed and pleasant atmospheres - Suggest improvements according to the opinions of the participants and the instructions by the senior/supervisor
Assessment Criteria	The integrated outcome requirements of this Unit of Competency are: - Able to perform preparations and assist in leading social groups and activities according to the arrangements, guidelines and requirements of the senior/supervisor and the elderly's social needs; and - Able to assist in reviewing, identifying and suggesting areas of improvement according to the objective of the social groups and activities, opinions of the participants and instructions by the senior/supervisor.
Remark	