

Specification of Competency Standards
for the Elderly Care Service Industry
Unit of Competency

Functional Area - Clinical Care

Title	Follow-Up The Elderly's Rehabilitation
Code	110794L3
Range	This Unit of Competency is applicable to practitioners who provide rehabilitation services in the elderly care service industry. The application requires performing a broad range of tasks in familiar and some unfamiliar working environments, and its execution requires analytical skills. Practitioners should be able to make arrangements for the elderly persons to receive rehabilitation exercises and treatments, according to the rehabilitation program established by medical professionals, and continuously monitor the status of the elderly persons receiving treatment, reflect and respond to the elderly's opinions and feedback on the rehabilitation services.
Level	3
Credit	3 (For Reference Only)
Competency	<p>Performance Requirements</p> <p>1. Relevant knowledge on the elderly's rehabilitation</p> <ul style="list-style-type: none"> • Understand the content of the organization's rehabilitation services, such as: <ul style="list-style-type: none"> ○ Team members and functions ○ Provide types of services, such as: physical therapy, occupational therapy, speech therapy, etc. ○ Rehabilitation exercise and treatment type ○ A quality monitoring mechanism for medical professionals to arrange for frontline staff to provide treatment for the elderly persons ○ Assessment, storage mechanisms, etc. • Understand the organization's documentation procedures for providing their services • Understand the organization's mechanism for reviewing elderly rehabilitation programs, such as: <ul style="list-style-type: none"> ○ Duration and date of rehabilitation program ○ Review the conditions of the rehabilitation program ○ Review methods ○ The mechanism for holding case meetings and meeting members, etc. • Understand the organization's documentation format and access methods for newly established and reviewed rehabilitation programs <p>2. Follow-up the elderly's rehabilitation</p> <ul style="list-style-type: none"> • Review the elderly's rehabilitation programs, and understand the plans established by medical professionals, such as: <ul style="list-style-type: none"> ○ The elderly's needs for rehabilitation exercise and treatment ○ The objectives and content of the rehabilitation program ○ The number of times the service is provided and the position of the staff who provides the service ○ Frequency of case review, etc. • Establish clear and accurate service record forms and systems, ensure that all staff clearly records after providing rehabilitation services, in order to follow-up the conditions of providing rehabilitation exercised and treatments, such as: <ul style="list-style-type: none"> ○ Service hours or sessions ○ Responsible staff ○ Specific service content ○ Progress record ○ Charges (if applicable), etc.

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	<ul style="list-style-type: none"> • Regularly check with the elderly persons and/or their family members to understand the elderly's opinions on the rehabilitation program and whether the execution is in line with their expectations • Arrange for medical professionals to re-assess the elderly and regularly adjust the content of the rehabilitation programs when there are changes of the elderly's physical conditions, according to the organization's established mechanism, such as: <ul style="list-style-type: none"> ○ Review the execution of the rehabilitation program every six months ○ Changes in physical health after leaving the hospital ○ Poor mobility and balance after a fall ○ The deterioration of physical condition due to changes in the patient, etc. • Hold case meetings when necessary, and notify the members to join the discussion and follow-up the elderly's condition, according to the organization's established mechanism • Ensure that all rehabilitation programs are appropriately stored and updated, for reviewing purposes • Closely monitor the elderly's condition and report to medical professionals as necessary <p>3. Exhibit professionalism</p> <ul style="list-style-type: none"> • Maintain good communication with different medical professionals to understand the execution of the elderly's rehabilitation program • Actively attend to the elderly's rehabilitation progress, and provide encouragement • Ensure that the service records and care plans are complete for follow-up purposes
Assessment Criteria	<p>The integrated outcome requirements of this Unit of Competency are:</p> <ul style="list-style-type: none"> • Able to ensure that the elderly's rehabilitation services are consistent with the rehabilitation programs set by medical professionals for the elderly persons, and have appropriate service records; and • Able to understand the situation and opinions of rehabilitation services with the elderly persons and their family members; and • Able to accurately coordinate the review of the rehabilitation program according to the organization's mechanism.
Remark	