

Specification of Competency Standards
for the Elderly Care Service Industry
Unit of Competency

Functional Area - Clinical Care

Title	Manage Fall Injuries
Code	110788L3
Range	This Unit of Competency is applicable to practitioners who provide community care services in the elderly care service industry. The application requires performing a broad range of tasks in familiar and some unfamiliar working environments, and its execution requires analytical skills. Practitioners should be able to assess and analyze the conditions of the elderly persons who have suffered from a fall, according to the organization's guidelines and procedures on managing fall injuries, and provide appropriate treatment to protect the lives of the elderly persons and prevent deterioration.
Level	3
Credit	1 (For Reference Only)
Competency	<p>Performance Requirements</p> <p>1. Relevant knowledge on fall injuries</p> <ul style="list-style-type: none"> • Understand the organization's guidelines and procedures on managing fall injuries • Understand the methods to determine the risk factors for falls in the elderly persons, such as: <ul style="list-style-type: none"> ○ Environmental factors ○ Personal factors ○ Physical condition factors ○ Medication factors, etc. • Understand the method to inspect and determine the symptoms and consequences of falls in the elderly persons, such as: <ul style="list-style-type: none"> ○ Bleeding from abrasions ○ Sprains and fractures ○ Cerebral hemorrhage, etc. • Understand the methods to inspect and manage fall injuries in the elderly persons, such as: <ul style="list-style-type: none"> ○ Ensure that the elderly persons are in a safe environment ○ Inspect for signs of injury ○ Managing injuries, etc. • Understand the standard infection control measures • Understand the first aid methods to manage shock and syncope <p>2. Manage fall injuries</p> <ul style="list-style-type: none"> • Comply with the organization's guidelines and procedures for managing fall injuries in the elderly persons • Assess the level of consciousness of the elderly persons and measure their vital signs, including: airway, respiration, heartbeat, blood pressure, etc. • If the elderly is unconscious, immediately call an ambulance according to the guidelines, and notify the organization's medical professionals • If the elderly is awake, ask them about their condition and recall the incident • Inspect for the elderly's injuries and other physical symptoms, such as: <ul style="list-style-type: none"> ○ Physical ability ○ Abnormal feeling or pain ○ Incontinence ○ The condition of the traumatic bleed, etc. • Determine the elderly's injuries and manage appropriately, such as:

Specification of Competency Standards
for the Elderly Care Service Industry
Unit of Competency

Functional Area - Clinical Care

	<ul style="list-style-type: none"> ○ After confirming that the elderly's condition is suitable for transferring, assist the elderly to sit up and rest ○ If there is traumatic bleeding, perform infection control measures, and comply with relevant guidelines to stop the bleeding, wash and bandage the wound ○ If there is a suspected sprain and fracture, comply with the relevant guidelines to stabilize them in the position they were found in, and remove items that may cause further injury ○ If there is a suspected brain or lumbar spine injury, do not move the elderly persons and comply with the relevant guidelines ● If there are symptoms of shock and syncope, comply with the first aid guidelines for managing shock and syncope, such as: placing in recovery position ● Notify methodical professionals and all an ambulance according to the guidelines ● Closely monitor the elderly's condition and provide compassion ● Explain the incident to the ambulance men, the elderly's vital signs, the management methods performed, and record the arrival time of the ambulance ● Document the entire process in detail and store appropriately <p>3. Exhibit professionalism</p> <ul style="list-style-type: none"> ● Strictly supervise the appropriate storage and withdrawal of various medications ● Regularly participate in courses on medications and related laws approved by the organization, in order to understand the latest medication management knowledge
Assessment Criteria	<p>The integrated outcome requirements of this Unit of Competency are:</p> <ul style="list-style-type: none"> ● Able to correctly assess and determine the elderly's condition after a fall, and provide appropriate first aid treatment; and ● Able to attend to the fear and discomfort of the elderly persons, and provide compassion and support.
Remark	Practitioners who perform this UoC possess knowledge on basic first aid.