

Specification of Competency Standards
for the Elderly Care Service Industry
Unit of Competency

Functional Area - Clinical Care

Title	Provide Oral Care
Code	110779L2
Range	This Unit of Competency is applicable to practitioners who provide community care services in the elderly care service industry. The application requires performing a range of tasks in predictable and structured working environments, and its execution requires understanding abilities and interpretation skills. Practitioners should be able to instruct the elderly persons and their family members on correct oral care, and provide home-based oral care for the elderly as needed, according to their oral conditions and the organization's guidelines and procedures, in order to keep their oral cavity clean and avoid problems.
Level	2
Credit	3 (For Reference Only)
Competency	<p>Performance Requirements</p> <p>1. Relevant knowledge on providing oral care</p> <ul style="list-style-type: none"> • Understand the organization's oral care guidelines and procedures • Understand the oral conditions of the elderly persons • Understand the different oral care measures for the elderly persons, such as: <ul style="list-style-type: none"> ○ Oral care measures for elderly persons who can take care of themselves ○ Oral care measures for elderly persons wearing dentures ○ Oral care measures for the elderly persons who are unconscious or bedridden for a prolonged period, etc. • Understand the common oral problems of the elderly persons and methods to manage them, such as: <ul style="list-style-type: none"> ○ Tooth decay ○ Periodontal disease ○ Unstable dentures ○ Inflammation of the oral cavity, etc. • Understand the assessment and advice of medical professionals on the elderly's oral cavity <p>2. Provide oral care</p> <ul style="list-style-type: none"> • Instruct the elderly persons and their family members on correct oral care in daily life according to the organization's guidelines and procedures, such as: <ul style="list-style-type: none"> ○ Instruct the elderly to clean up food scraps in the oral cavity ○ Instruct the elderly to select a toothbrush with suitable soft bristles ○ Instruct the elderly to use a suitable interdental brush or dental floss to clean between their teeth ○ Instruct the elderly to use mouthwash to rinse their oral cavity according to the recommendations by medical professionals, etc. • Instruct the elderly persons who wear dentures on appropriate oral care and the measures to clean dentures, such as: <ul style="list-style-type: none"> ○ Instruct the elderly on the correct methods to remove dentures ○ Use a soft toothbrush and small amount of detergent to clean the denture plate ○ Rinse the dentures thoroughly ○ Immerse dentures in clean water or special immersion liquid, etc. • Provide suitable oral care measures for the elderly persons who are unconscious or bedridden for prolonged periods, such as: <ul style="list-style-type: none"> ○ Assist the elderly to lie on their sides or maintain a semi-Fowler's position, and put a bib under their jaw

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	<ul style="list-style-type: none"> ○ Use tongue depressors to open the elderly's mouth ○ Use a cotton swab or wooden stick wrapped in gauze to clean the teeth, gums and tongue, avoid damaging the gums or oral mucosa, and prevent choking ○ Apply lip balm to the elderly as needed, etc. ● Correctly record the oral care measures provided to the elderly ● Follow-up the elderly's performance in performing oral care ● Observe the oral and dental conditions of the elderly, and assess if the dentures are damaged and suitable, and immediately report to medical professionals if problems arise <p>3. Exhibit professionalism</p> <ul style="list-style-type: none"> ● Instruct the elderly persons and carers on the correct oral care according to the assessment and advice by medical professionals on the elderly's oral cavity ● Patiently and carefully provide oral care for the elderly persons in need ● Carefully examine the elderly's oral cavity and discover oral problems as early as possible
Assessment Criteria	<p>The integrated outcome requirements of this Unit of Competency are:</p> <ul style="list-style-type: none"> ● Able to correctly instruct the elderly persons and their family members and provide oral care according to the organization's nursing guidelines and procedures, and the assessments and advice by medical professionals on the elderly's oral cavity, in order to keep the elderly's oral cavity clean and avoid problems.
Remark	