

Specification of Competency Standards
for the Elderly Care Service Industry
Unit of Competency

Unit of Competency is applicable across different functional areas

Title	Provide Palliative Care
Code	106223L4
Range	This Unit of Competency is applicable to employees in the elderly care service industry who provide care service or clinical care to elderlies. This Competency involves the ability to analyse and make judgement. Employees are required to arrange appropriate palliative care, coordinate and integrate relevant treatments and services, according to the palliative care plan for elderlies, in order to ensure peace and comfort in elderlies' last stage of life .
Level	4
Credit	6 (For Reference Only)
Competency	<p>Performance Requirements</p> <p>1. Relevant knowledge on palliative care</p> <p>Be able to</p> <ul style="list-style-type: none"> • Understand the objectives and advantages of palliative treatments, such as: <ul style="list-style-type: none"> ○ Alleviate physical suffering and emotional frustration ○ Provide comprehensive care, covering physical, psychological, social and spiritual aspects ○ Reduce the use of invasive treatment. • Understand the key points and content of palliative care in terms physical, psychological, social and spiritual aspects <ul style="list-style-type: none"> ○ Relieve symptoms ○ Induce positive emotion ○ Provide social support ○ Provide spiritual care • Understand the range of work provided by the multi-disciplinary team in palliative care • Understand the content of individual palliative care plan for elderlies • Understand the community resources and other support in palliative care, such as: <ul style="list-style-type: none"> ○ Home visit ○ Patient-sharing session ○ Social activities • Understand the skills to build rapport with elderlies and their families <p>2. Provide palliative care</p> <p>Be able to</p> <ul style="list-style-type: none"> • Understand the content of individual palliative care plan for elderly, and arrange appropriate treatments and services covering physical, psychological, social and spiritual aspects, such as: <ul style="list-style-type: none"> ○ Provide medications or other assistive measures to alleviate pain and ease discomfort ○ Provide counselling to elderlies and their families ○ Organize social group activities to help elderlies build a support network ○ Arrange group sharing sessions for elderlies, help them learn to forgive and understand others' situations ○ Provide regular home visits and home care. • Determine the order of priority in handling the cases according to elderlies' conditions and needs, and how seriously their symptoms affect their daily life. Coordinate and integrate the relevant palliative care services and treatments, such as: <ul style="list-style-type: none"> ○ follow-up medical appointments ○ Rehabilitation training

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	<ul style="list-style-type: none"> ○ Hospital admission for treatment • Explain to the responsible staff about the palliative care measures, provide appropriate guide and supervise their execution • Monitor elderlies' conditions regularly, adjust the content of palliative care when needed or refer the cases to the professionals • Utilize relevant community resources, make referrals and help elderlies apply for relevant services, and follow up with the situation • According to elderlies' wish and preference, help their family and relatives deal with various tasks and issues after elderlies' death when needed, including burial arrangement, and execution of the will. • Document the content of palliative care provided properly <p>3. Exhibit professionalism</p> <p>Be able to</p> <ul style="list-style-type: none"> • Take initiative to care for elderlies' needs and listen to their requests attentively • Build rapport with elderlies and respect their right of choice • Help elderlies' prepare for their death; help them come to terms with death calmly and peacefully
Assessment Criteria	<p>The integrated outcome requirements of this Unit of Competency are:</p> <ul style="list-style-type: none"> • Ability to arrange appropriate palliative care according to the content of palliative care plan for elderlies, coordinate and integrate relevant palliative care services and treatment; and • Ability to supervise the progress of relevant palliative care and elderlies' physical conditions, and adjust the content of palliative care accordingly.
Remark	<p>Centre of Behavioral Health, University of Hong Kong-Palliative treatment http://enable.hku.hk/enable/tch/project_enable/enablealliance/images/HKBuddhistHospital.pdf</p>