

**Specification of Competency Standards**  
**for the Elderly Care Service Industry**  
**Unit of Competency**

Functional Area - Psychosocial & Spiritual Care

Title	Design the Support Plan for the Caregiver
Code	106136L5
Range	This Unit of Competency is applicable to employees in the elderly care service industry who provide support services to elderlies' carers. This competency involves assessing the physical, psychological, social and spiritual needs of carers, formulating corresponding support plan based on their conditions, providing support service by means of cooperation across different disciplines and departments, in order to boost carers' ability to provide elderly care and enhance their physical and mental well-being.
Level	5
Credit	6 (For Reference Only)
Competency	<p>Performance Requirements</p> <p>1. Relevant knowledge on carer support plan</p> <p style="padding-left: 40px;">Be able to</p> <ul style="list-style-type: none"> <li>• Understand the bodily condition of elderlies and factors that affect such conditions</li> <li>• Understand carers' current physical, psychological, social and spiritual conditions and the services they need</li> <li>• Understand the methods and skills to assess carers' knowledge and their ability to take care of elderlies</li> <li>• Understand the content and purpose of support procedures, such as building supportive relationships; assess, plan, execute and evaluate carers' needs for support</li> <li>• Understand the community resources that provide support to elderlies and carers</li> <li>• Understand the method to formulate carer support plans</li> </ul> <p>2. Formulate caregiver support plan</p> <p style="padding-left: 40px;">Be able to</p> <ul style="list-style-type: none"> <li>• Assess accurately the bodily conditions of both elderlies and their carers and factors that affect such conditions, when formulating carer support plans, in order to analyse carers' current needs in physical, psychological, social and spiritual terms, such as <ul style="list-style-type: none"> <li>○ relationship between elderlies and carers</li> <li>○ Living environment</li> <li>○ Support system</li> <li>○ Financial and mental health statuses</li> </ul> </li> <li>• Build supportive relationships with carers, formulate corresponding personalized plans</li> <li>• Determine an order of priority in the support plan according to how seriously a problem disturbs the carers' life and carers' personal wishes.</li> <li>• Contact various professional teams (such as psychiatrists, occupational therapists and nurses) and resources that provide elderly care in the community (such as elderly vacation facilities, and community support service), in order to execute the relevant support plan</li> <li>• Evaluate and assess the effectiveness of support plan regularly, and make adjustments</li> </ul> <p>3. Exhibit professionalism</p> <p style="padding-left: 40px;">Be able to</p> <ul style="list-style-type: none"> <li>• Follow the Personal Data (Privacy) Ordinance when handling personal data.</li> <li>• Show empathy to elderlies, and stay objective at the same time</li> <li>• Respect the right of choice of elderlies and carers</li> </ul>

**Specification of Competency Standards**  
**for the Elderly Care Service Industry**  
**Unit of Competency**

Functional Area - Psychosocial & Spiritual Care

Assessment Criteria	The integrated outcome requirements of this Unit of Competency are: <ul style="list-style-type: none"><li>• Ability to assess carers' needs, according to their physical and mental status, and formulate a concrete and feasible carer support plan with them; and</li><li>• Ability to evaluate the support plan regularly and make adjustments, in order to boost carers' ability and maintain their physical and mental well-being.</li></ul>
Remark	