

Specification of Competency Standards
for the Elderly Care Service Industry
Unit of Competency

Functional Area - Psychosocial & Spiritual Care

Title	Teach carers to provide Basic Care to Elderlies
Code	106133L4
Range	This Unit of Competency is applicable to employees in the elderly care service industry who provide support services to carers of elderlies. This competency involves the ability of analysis, making judgment and assessment. Employees are required to assess carers' educational needs in terms of providing basic elderly care, and give guidance carers to provide safe and effective basic home care to elderlies.
Level	4
Credit	6 (For Reference Only)
Competency	<p>Performance Requirements</p> <p>1. Relevant knowledge on basic elderly care and skills for giving guidance to carers</p> <p style="padding-left: 40px;">Be able to</p> <ul style="list-style-type: none"> • Understand the knowledge and skills of basic elderly care • Understand the methods and skills to assess carers' educational needs in terms of providing basic care • Understand carers' sources of stress, such as worrying about elderlies' deteriorating health condition • Understand other resources of elderly care in the community <p>2. Teach carers to perform basic elderly care</p> <p style="padding-left: 40px;">Be able to</p> <ul style="list-style-type: none"> • Set the educational direction with carers according to elderlies' need for basic care • Master the key points in providing guidance, including <ul style="list-style-type: none"> ○ Motivate carers to learn, and understand the importance of basic care to elderlies ○ Use different methods to convey the information (such as lecture, discussion, demonstration, practising, exchange of ideas with other carers or healthcare professionals) according to carers' ability, teach carers the procedures to perform basic care and any specific issues that need attention ○ Recap key points of the training and ensure carers understand them thoroughly • Assess the stress experienced by carers in terms of taking care of elderlies, and their ability to provide basic care • Make referrals when needed, contact relevant professional medical institutions/agencies for further support and guidance • Assess carers' performance in acquiring basic care skills, ensuring that the carers clearly understand and can master the content and skills of basic care • Evaluate how well the training material works in real life regularly with carers, and make appropriate adjustment when needed <p>3. Exhibit professionalism</p> <p style="padding-left: 40px;">Be able to</p> <ul style="list-style-type: none"> • Provide appropriate guidance and teach carers patiently, improve effectively their ability and confidence to provide basic elderly care
Assessment Criteria	The integrated outcome requirement of this Unit of Competency is:

Specification of Competency Standards
for the Elderly Care Service Industry
Unit of Competency

Functional Area - Psychosocial & Spiritual Care

	<ul style="list-style-type: none">• Ability to assess elderlies' needs for basic care according to their conditions; provide concrete and feasible guidance to carers; boost their ability and confidence to provide basic elderly care, as well as improve elderlies' health condition.
Remark	