

Specification of Competency Standards
for the Elderly Care Service Industry
Unit of Competency

Functional Area - Psychosocial & Spiritual Care

Title	Teach Carers to take care of elderlies' Physical, Psychological and Social Needs
Code	106131L4
Range	This Unit of Competency is applicable to employees in the elderly care service industry who provide support services to carers of elderlies. This competency involves the ability of analysis and making judgment. Employees are required to provide carers with detailed information on elderly care and relevant skills, according to elderlies' physical, psychological and social needs, and the knowledge and ability of their carers to provide nursing care, so as to improve their abilities to cater to elderlies' physical, psychological and social needs.
Level	4
Credit	6 (For Reference Only)
Competency	<p>Performance Requirements</p> <p>1. Relevant knowledge on giving guidance to carers regarding taking care of elderlies' physical, psychological and social needs</p> <p style="padding-left: 40px;">Be able to</p> <ul style="list-style-type: none"> • Understand elderlies' living condition and factors that affect such condition • Understand the skills to analyse elderlies' physical, psychological and social needs • Understand the methods and skills to assess carers' knowledge and their ability to provide nursing care • Understand resources available to carers; understand basic medical knowledge, contact relevant professional institutions/agencies when needed, to seek further guidance • Understand resources available to carers in the community <p>2. Give guidance to carers regarding taking care of elderlies' physical, psychological and social needs</p> <p style="padding-left: 40px;">Be able to</p> <ul style="list-style-type: none"> • Identify the direction of guidance according to the needs of both the elderlies and their carers • Master the key focusses when providing guidance, including <ul style="list-style-type: none"> ○ Motivate carers to learn, let them understand the importance of elderlies' physical and psychological and social health ○ Use various guiding methods, for example, lecture, demonstration, discussion, role play and providing printed notes according to carers' ability; provide clues and lead the carers to take care of and meet elderlies' physical and psychosocial needs ○ Recap the key points and ensure carers understand thoroughly • Review how well the training material works in real life regularly with carers, and make appropriate adjustment when needed • Make good use of resources available to carers in the community for further guidance and additional services <p>3. Exhibit professionalism</p> <p style="padding-left: 40px;">Be able to</p> <ul style="list-style-type: none"> • Provide appropriate guidance and teach carers patiently; improve their abilities to take care of elderlies' physical, psychological and social needs effectively
Assessment Criteria	The integrated outcome requirement of this Unit of Competency is:

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	<ul style="list-style-type: none">• Ability to assess elderlies' physical, psychological and social needs, provide concrete and feasible guidance to carers, boost their ability to provide nursing care, in order to promote elderlies' physical and psychosocial health.
Remark	