

Specification of Competency Standards
for the Elderly Care Service Industry
Unit of Competency

Functional Area - Psychosocial & Spiritual Care

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| Title | Teach Families to provide end-of-life Care to Elderlies |
| Code | 106130L5 |
| Range | This Unit of Competency is applicable to employees in the elderly care service industry who provide counselling and nursing care services. This competency involves the ability of critical analysis and assessment. Employees are required to assess the ability of elderlies' families to provide end-of-life care to elderlies, and teach them according to elderlies' needs, so as to help elderlies and their families be more prepared psychologically for death . |
| Level | 5 |
| Credit | 6 (For Reference Only) |
| Competency | <p>Performance Requirements</p> <p>1. Relevant knowledge on providing end-of-life care for elderlies</p> <p style="padding-left: 40px;">Be able to</p> <ul style="list-style-type: none"> • Understand elderlies' physical and psychological nursing needs towards the end of their life • Understand the psychological status of their families when facing elderlies' end of life • Understand the skills for assessing families' ability to provide nursing care, by judging: <ul style="list-style-type: none"> ○ Their age ○ Their physical condition ○ Their psychological status, such as, their relationship with elderlies ○ Families' expectation towards providing end-of-life care to elderlies ○ Level of support from other family members, relatives and friends • Understand the skills to teach elderlies' families to provide end-of-life care • Understand relevant resources available in the community <p>2. Teach families to provide end-of-life care to elderlies</p> <p style="padding-left: 40px;">Be able to</p> <ul style="list-style-type: none"> • Identify the objectives and focus of training according to the needs of both the end-of-life elderlies and their families • Teach families the appropriate care skills according to the physical and psychological nursing needs of elderlies, for example, <ul style="list-style-type: none"> ○ Use inflated mattress and sitting cushions to alleviate pressure sore and pain ○ Consider using a wheelchair if elderlies' lower limbs show bilateral weakness, or if they feel fatigue easily ○ Acquire the skills to alleviate pain ○ Arrange families and friends visit elderlies so that they feel loved, while reducing the anxiety of separation and a sense of abandonment ○ Provide religious support, for example, chaplain visit, Buddhism worship, or a meeting with a priest, so as to offer spiritual comfort to elderlies ○ Instil an open attitude among elderlies' families, so that they are likely to share own thoughts and plans frankly with elderlies, in order to reduce elderlies' anxiety about their families' life after their death ○ Discuss death, final wishes, and end-of-life planning with elderlies; always respect their preferences, so as to reduce their anxiety and stress towards death • Care for the psychological status and emotional needs of families; provide support when they provide end-of-life care to elderlies, so as to ease their stress • Observe how well their families take care of end-of-life elderlies, and provide appropriate guidance when needed |

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| | <p>3. Exhibit professionalism</p> <p>Be able to</p> <ul style="list-style-type: none">• Build rapport with elderlies and their families, show empathy, and respect the wishes of elderlies and their families |
| Assessment Criteria | <p>The integrated outcome requirements of this Unit of Competency are:</p> <ul style="list-style-type: none">• Ability to assess the ability of their families to provide nursing care according to elderlies' needs towards their end of life, and provide appropriate guidance to their families; and• Ability to observe how well their families take care of end-of-life elderlies, and provide follow-up actions and make referral when appropriate. |
| Remark | |