

Specification of Competency Standards
for the Elderly Care Service Industry
Unit of Competency

Functional Area - Psychosocial & Spiritual Care

Title	Design Social Care Plan for Elderlies
Code	106116L4
Range	This Unit of Competency is applicable to employees in the elderly care service industry who provide care services to elderlies. This Competency involves sophisticated thinking and the ability to make judgment. Employees are required to assess elderlies' social needs, formulate a corresponding plan according to assessment results, so as to strengthen their social network via effective communications with them and their families, and boost the quality of their social life .
Level	4
Credit	6 (For Reference Only)
Competency	<p>Performance Requirements</p> <p>1. Relevant knowledge on the elderly social life</p> <p>Be able to</p> <ul style="list-style-type: none"> • Understand the current social life of elderlies and relevant factors that account for their social problems • Understand the procedures, content and meaning of formulating a care plan <ul style="list-style-type: none"> ○ Assess elderlies' social life, such as, relationship with their families, frequency and duration of family visits, community support, participation in day-to-day tasks, and activity attendance ○ Implement the plan ○ Evaluate the plan • Understand the community resources for supporting elderlies' social life • Understand the skills and tools to assess elderlies' social life • Understand the skills for rapport building with the elderlies and their families • Understand the skills for drafting a care plan <p>2. Formulate social care plan for elderlies</p> <p>Be able to</p> <ul style="list-style-type: none"> • Assess elderlies' social life and relevant factors accounting for their social problems; formulate social care plan for the elderlies, consider, <ul style="list-style-type: none"> ○ Financial status ○ Family status ○ Personality ○ Occupation and interests • Analyse elderlies' current social needs, in order to identify the present or potential social problems • Formulate the objectives of the care plan and their order of priority according to the social problems and their impacts on elderlies' life • Design a personalized care plan according to the objectives laid down via: <ul style="list-style-type: none"> ○ Effective communication with elderlies' families ○ Teach the elderlies the importance of having a social life, for example, to derive joy and satisfaction from participating in social activities ○ The benefit of participating in social activities, such as enhancing health, knowing something new, and boosting confidence ○ Teach elderlies to choose and arrange appropriate social activities for themselves, for example, choose those suitable for their physical ability and those enhancing memory according to intellectual need ○ Build effective communication channels and allow the relevant staff, elderlies and their families to understand the content of care plan

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	<ul style="list-style-type: none"> ○ Evaluate and assess the effectiveness of care plan regularly, and make adjustment when needed ○ Document the formulated care plan and store the record appropriately <p>3. Exhibit professionalism</p> <p>Be able to</p> <ul style="list-style-type: none"> ● Build rapport with elderlies, show empathy and be objective ● Respect elderlies' right to choose, formulate personalized plan accordingly, in order to meet the various social needs of elderlies ● Follow Personal Data (Privacy) Ordinance when handling personal data
Assessment Criteria	<p>The integrated outcome requirements of this Unit of Competency are:</p> <ul style="list-style-type: none"> ● Ability to assess elderlies' need according to their social life, and formulate a concrete and feasible social care plan for them; and ● Ability to evaluate the formulated social care plan for elderlies and make adjustment regularly, in order to strengthen elderlies' social network and enhance the quality of their social life.
Remark	