

Specification of Competency Standards
for the Elderly Care Service Industry
Unit of Competency

Functional Area - Clinical Care

Title	Formulate Rehabilitative Care Plan
Code	106107L5
Range	This Unit of Competency is applicable to employees in the elderly care service industry who provide rehabilitation services to elderlies. This Competency involves the ability of critical analysis, re-organisation, assessment and integration of information. Employees are required to perform comprehensive assessments for elderlies, analyse their specific rehabilitation needs and integrate relevant information regarding their rehabilitation, in order to formulate comprehensive rehabilitative plans that enhance elderlies' ability.
Level	5
Credit	5 (For Reference Only)
Competency	<p>Performance Requirements</p> <p>1. Relevant information on rehabilitative care plan</p> <p style="padding-left: 40px;">Be able to</p> <ul style="list-style-type: none"> • Understand the skills and methods to assess elderlies' ability, such as <ul style="list-style-type: none"> ○ Walking and balancing ○ Activity of daily livings (ADLs) ○ Instrumental activity of daily livings (IADLs) ○ Cognitive ability, etc. • Understand the objective tools used to assess elderlies' ability • Understand relevant information about rehabilitative care for elderlies, including <ul style="list-style-type: none"> ○ Competency of the carer ○ Living environment • Understand the social resources available regarding elderly rehabilitation, including <ul style="list-style-type: none"> ○ Elderly day care centres ○ Day hospitals, etc. • Understand the skills needed to assess elderlies' rehabilitation needs • Understand the principles to formulate rehabilitative care plan <p>2. Formulate rehabilitative care plan</p> <p style="padding-left: 40px;">Be able to</p> <ul style="list-style-type: none"> • Perform comprehensive assessment for elderlies, understand their ability performance and collect information related to their rehabilitation • Analyse the assessment result and integrate information from various sources to establish elderlies' rehabilitation needs • Establish an order of priority according to their rehabilitation needs which are in turn determined by elderlies' ability performances, how needy they are and how seriously their impairments impact their daily life • Establish goals in the rehabilitative care plan and design individualized rehabilitative treatments to meet the goals • Explain to elderlies and their carers about the rehabilitative treatment plan via effective communication channels, so that they understand and give consent to the treatment plan • Ensure staff members are able to understand and follow the care plan via effective communication and monitoring system • Review the effectiveness of the care plan regularly and, make suitable adjustment if necessary • Seek relevant advices from healthcare professionals if needed when assessing elderlies' ability

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	<ul style="list-style-type: none"> • Document the formulated rehabilitative care plan properly in written form. <p>3. Exhibit professionalism</p> <p>Be able to</p> <ul style="list-style-type: none"> • Perform comprehensive assessment for elderlies and formulate rehabilitative care plan using professional knowledge • Respect elderlies' and their carers' rights of choice; remain objective when formulating rehabilitative care plan
Assessment Criteria	<p>The integrated outcome requirements of this Unit of Competency are:</p> <ul style="list-style-type: none"> • Ability to provide comprehensive rehabilitative assessment for elderlies and integrate relevant information regarding their rehabilitation to formulate suitable rehabilitative care plan; and • Ability to review the effectiveness of the rehabilitation care plan, analyse and adjust the plan when necessary, so as to improve elderlies' ability.
Remark	<p>Employees performing this Unit of Competency are supposed to have acquired basic knowledge and skills on rehabilitation treatment.</p>