

Specification of Competency Standards
for the Elderly Care Service Industry
Unit of Competency

Functional Area - Clinical Care

Title	Use Assistive Devices for Daily Life
Code	106097L3
Range	This Unit of Competency is applicable to employees in the elderly care service industry who provide rehabilitation care services to elderlies. This competency involves the ability of analysis and making judgment. Employees are required to guide elderlies to use assistive devices properly, according to their level of mobility and self-care ability, as well as the recommendations and prescriptions from healthcare professionals, in order to promote their self-care ability and mobility, boost their confidence, so as to improve their quality of life.
Level	3
Credit	6 (For Reference Only)
Competency	<p>Performance Requirements</p> <p>1. Relevant knowledge on assistive devices for daily life</p> <p style="padding-left: 40px;">Be able to</p> <ul style="list-style-type: none"> • Understand the assistive devices for daily life commonly used among elderlies • Understand the functions, methods of use, and safety preventions of assistive devices for daily life • Understand the storage and basic maintenance methods of assistive devices for daily life • Understand the level of mobility and self-care ability of elderlies, including <ul style="list-style-type: none"> ○ Range of motion of upper and lower limbs ○ Hand mobility ○ Transfer and lower limb mobility ○ Activities of daily living (ADLs) and instrumental activities of daily living (IADLs) • Understand the purposes for elderlies to use assistive devices for daily life • Understand healthcare professionals' recommendations and prescriptions on elderlies' use of assistive devices for daily life <p>2. Use assistive devices for daily life</p> <p style="padding-left: 40px;">Be able to</p> <ul style="list-style-type: none"> • Arrange elderlies to use the appropriate assistive devices for daily life, according to the recommendations and prescriptions by the healthcare professionals, and adjust them to or select the appropriate sizes • When using the assistive devices for daily life, take safety measures to prevent accidents and ensure elderlies' safety, such as: <ul style="list-style-type: none"> ○ Ensure the stability and sturdiness of the daily assistive device ○ Check for any damage ○ Check to ensure it functions normally ○ Check if it performs well • Correctly guide elderlies to use the appropriate assistive devices, ensure that they use it correctly, such as: <ul style="list-style-type: none"> ○ Demonstrate to elderlies the using method of daily assistive device and offer guidance ○ Ensure elderlies understand the aims of using the assistive devices ○ Observe elderlies' conditions when using assistive devices ○ Ask elderlies for their opinions regarding the use of assistive devices, and report to the healthcare professionals • Teach elderlies about the storage and basic maintenance methods of the assistive devices, such as:

Specification of Competency Standards
for the Elderly Care Service Industry
Unit of Competency

Functional Area - Clinical Care

	<ul style="list-style-type: none"> ○ Store them appropriately ○ Store the plastic devices in cool places away from the sun ○ Methods to change the battery or recharge it ○ Cleaning method ● Check the assistive devices for elderlies regularly, and provide maintenance. If devices are found to be damaged, report to healthcare professionals as soon as possible for follow-up actions <p>3. Exhibit professionalism</p> <p>Be able to</p> <ul style="list-style-type: none"> ● Strictly follow healthcare professionals' recommendations and prescriptions on elderlies' use of assistive devices for daily life ● Ensure elderlies' safety when assisting them to use assistive devices for daily life
Assessment Criteria	<p>The integrated outcome requirements of this Unit of Competency are:</p> <ul style="list-style-type: none"> ● Ability to arrange elderlies to use appropriate assistive devices for daily life, according to the recommendations and prescriptions from healthcare professionals, and correctly teach them the methods to use such devices; and ● Ability to take safety measures, ensure that elderlies use assistive devices for daily life safely, check the devices for elderlies regularly and provide maintenance.
Remark	