

**Specification of Competency Standards**  
**for the Elderly Care Service Industry**  
**Unit of Competency**

Functional Area - Clinical Care

Title	Assist in Providing Transcutaneous Electrical Nerve Stimulation (TENS)
Code	106094L3
Range	This Unit of Competency is applicable to employees in the elderly care service industry who provide rehabilitation care services to elderlies. This competency involves the ability of analysis and making judgment. Employees are required to offer proper assistance in the provision of transcutaneous electrical nerve stimulation (TENS) therapy as prescribed for elderlies by healthcare professionals, and ensure elderlies' safety during therapy.
Level	3
Credit	3 (For Reference Only)
Competency	<p>Performance Requirements</p> <p>1. Relevant knowledge on transcutaneous electrical nerve stimulation (TENS)</p> <p style="padding-left: 40px;">Be able to</p> <ul style="list-style-type: none"> <li>• Understand the basic therapeutic mechanism and adaptability of TENS</li> <li>• Understand the simple operation of TENS equipment, such as: <ul style="list-style-type: none"> <li>○ Test for normal functioning before use</li> <li>○ Turn on/off</li> <li>○ Screen display</li> <li>○ Steps to operate</li> <li>○ Installation and setting</li> <li>○ Accessories and supplies needed</li> <li>○ Method to clean</li> <li>○ Methods to replace battery</li> </ul> </li> <li>• Understand the preparation and aftercare of using TENS equipment</li> <li>• Understand the precautions and contraindications of TENS therapy</li> <li>• Understand the TENS therapy prescribed for elderlies by healthcare professionals</li> </ul> <p>2. Provide transcutaneous electrical nerve stimulation (TENS)</p> <p style="padding-left: 40px;">Be able to</p> <ul style="list-style-type: none"> <li>• Check TENS equipment and ensure it functions normally, including <ul style="list-style-type: none"> <li>○ Check battery level, replace the battery if needed</li> <li>○ Check for damages, for example, wire and connection points</li> <li>○ Check the screen for normal display</li> </ul> </li> <li>• Do the preparation work correctly and follow the TENS therapy prescribed for elderlies by healthcare professionals</li> <li>• Monitor elderlies' condition during therapy; handle any irregularity immediately; remind elderlies not to fall asleep; refer cases to healthcare professionals for follow-up actions if needed</li> <li>• After TENS therapy, perform post-therapy tasks, including <ul style="list-style-type: none"> <li>○ Turn off and tidy up the TENS equipment</li> <li>○ Take care of elderlies, for example, tidy up their clothes and adjust their posture.</li> <li>○ Clean the equipment and store it in an appropriate place</li> <li>○ Inform healthcare professionals to arrange further treatments</li> </ul> </li> </ul> <p>3. Exhibit professionalism</p> <p style="padding-left: 40px;">Be able to</p> <ul style="list-style-type: none"> <li>• Monitor elderlies' condition during TENS therapy and actively ask them how they feel</li> </ul>

**Specification of Competency Standards**  
**for the Elderly Care Service Industry**  
**Unit of Competency**

Functional Area - Clinical Care

	<ul style="list-style-type: none"><li>• Strictly follow the arrangement of TENS therapy prescribed for elderlies by healthcare professionals</li></ul>
Assessment Criteria	<p>The integrated outcome requirements of this Unit of Competency are:</p> <ul style="list-style-type: none"><li>• Ability to do the relevant preparation work according to the TEN treatment prescribed for elderlies by healthcare professionals;</li><li>• Ability to monitor elderlies' condition during therapy and inform healthcare professionals for follow-up actions if needed; and</li><li>• Tidy up the TENS equipment after the therapy and take care of elderlies properly.</li></ul>
Remark	