

Specification of Competency Standards
for the Elderly Care Service Industry
Unit of Competency

Functional Area - Clinical Care

Title	Improve the Home Environmental Safety for Elderlies
Code	106093L3
Range	This Unit of Competency is applicable to employees in elderly care service industry who provide rehabilitation care services to elderlies. This Competency involves ability to make judgment. Employees are required to take relevant environmental improvement measures for elderlies according to healthcare professionals' recommendation, so as to improve home safety for elderlies and prevent accidents.
Level	3
Credit	6 (For Reference Only)
Competency	<p>Performance Requirements</p> <p>1. Relevant knowledge on home safety for elderlies</p> <p>Be able to</p> <ul style="list-style-type: none"> • Understand the aim and importance of improving elderlies' home environment, for example, <ul style="list-style-type: none"> ○ Prevent fall and reduce risk of accidents ○ Enhance mobility and self-caring ability ○ Enhance cognition and sense of direction • Understand the common accidents among elderlies and their causes including fall, laceration, crush injury, burn, fire, wandering and getting lost • Understand normal ageing and its influences, such as: <ul style="list-style-type: none"> ○ Visual impairment, narrowing of visual field ○ Muscle weakening, weak sense of balance ○ Memory loss, being forgetful • Understand the common diseases among elderlies and their effects, for example, <ul style="list-style-type: none"> ○ Stroke affecting mobility ○ Knee arthritis reducing lower limb power and sense of balance ○ Cognitive impairment affecting memory and sense of direction • Understand the general safety measures in elderlies' home environment, such as: <ul style="list-style-type: none"> ○ Provide sufficient lighting and keep the passage clear to prevent fall ○ Use chairs and furniture that are of appropriate heights, in order to enhance the safety during movement ○ Put labels with enlarged print on daily necessities for easy identification. • Understand the environmental safety measures specific to various common diseases among elderlies, such as: <ul style="list-style-type: none"> ○ Install handrails for post-stroke elderlies to prevent fall ○ Keep the front door locked to prevent elderlies with cognitive impairment from wandering • Understand the health condition and level of mobility of individual elderlies • Understand healthcare professionals' recommendations on improving home environment for elderlies <p>2. Improve home safety for elderlies</p> <p>Be able to</p> <ul style="list-style-type: none"> • Take general home safety measures for elderlies in day-to-day routine work, such as: <ul style="list-style-type: none"> ○ Remove obstacles and keep the passage clear ○ Install handrails in the washroom to enhance safety ○ Use non-slip bath mat in shower ○ Provide bright lighting at night

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	<ul style="list-style-type: none"> ○ Provide furniture of appropriate height ○ Put safety signs to arouse awareness among elderlies ● Take specific environmental safety measures according to healthcare professionals' recommendations on improving home safety for elderlies, with regard to their health conditions and level of mobility, such as: <ul style="list-style-type: none"> ○ Install shower board and shower chair for post-stroke elderlies, ensuring their safety when bathing ○ Instruct cognitive impaired elderlies to use induction heaters for cooking and avoid cooking with naked flames ● Monitor the implementation of home safety measures for elderlies, and record the relevant conditions for follow-up actions ● Identify home safety problems for elderlies and address them immediately, refer to healthcare professionals for follow-up actions if needed <p>3. Exhibit professionalism</p> <p>Be able to</p> <ul style="list-style-type: none"> ● Understand the aim and importance of improving environmental safety for elderlies, execute environmental safety improvement measures for elderlies ● Strictly follow healthcare professionals' recommendations on improving home safety for elderlies
Assessment Criteria	<p>The integrated outcome requirements of this Unit of Competency are :</p> <ul style="list-style-type: none"> ● Ability to execute general home safety measures for elderlies in day-to-day routine work; and ● Ability to execute the relevant environmental improvement measures according to healthcare professionals' recommendations on improving home safety for elderlies , with regard to the body conditions of elderlies.
Remark	