

Specification of Competency Standards
for the Elderly Care Service Industry
Unit of Competency

Functional Area - Clinical Care

Title	Acute Stroke Management
Code	106081L4
Range	This Unit of Competency is applicable to employees in elderly care services industry who provide clinical care to elderlies. This Competency involves the ability of analysis and making judgment. Employees are required to assess and judge whether elderlies are suffering from acute stroke, provide first aid to protect their lives and prevent exacerbating of their condition according to relevant procedures and guidelines of the institution regarding acute stroke management.
Level	4
Credit	2 (For Reference Only)
Competency	<p>Performance Requirements</p> <p>1. Relevant knowledge on stroke</p> <p>Be able to</p> <ul style="list-style-type: none"> • Understand relevant procedures and guidelines of the institution regarding management of acute stroke, shock and syncope • Understand the types, causes, and pathology of stroke • Understand the signs and symptoms of acute stroke, such as: <ul style="list-style-type: none"> ○ Headache ○ Nausea and vomiting ○ Unequal sizes of the two pupils ○ Decrease in consciousness or slurring of speech ○ Sudden weakness or numbness on one side of the face or limb extremities on side ○ Faecal and urinary incontinence • Understand the management of acute stroke • Understand the first-aid management of shock and syncope <ul style="list-style-type: none"> ○ Assess elderlies' level of consciousness ○ Maintain patent airway ○ Measure vital signs • Understand the importance of management of acute stroke <p>2. Management of acute stroke</p> <p>Be able to</p> <ul style="list-style-type: none"> • Assess the signs and symptoms of elderlies, assess and determine whether elderlies suffer from acute stroke • Call ambulance, inform supervisor and request for support • Manage suspected cases of stroke according to relevant procedures and guidelines of the institution regarding acute stroke management, including <ul style="list-style-type: none"> ○ Confirm elderlies' level of consciousness ○ If elderlies are in shock and syncope, follow the first-aid procedures on shock and syncope management ○ Maintain patent airway ○ Relieve the intracranial pressure of elderlies by helping them lie supine or slightly lift up their heads and shoulders ○ Soothe elderlies ○ Observe their conditions and measure their vital signs regularly • Inform the ambulance personnel the sequence of events, vital signs of elderlies and treatments given

Specification of Competency Standards
for the Elderly Care Service Industry
Unit of Competency

Functional Area - Clinical Care

	<ul style="list-style-type: none">• Document the entire first-aid procedure in detail, and keep the record properly <p>3. Exhibit professionalism</p> <p>Be able to</p> <ul style="list-style-type: none">• Assess and determine the condition of elderlies correctly, and provide appropriate first-aid management on stroke within the Golden Hour• Be mindful of the fear and discomfort elderlies may experience, provide comfort and support
Assessment Criteria	<p>The integrated outcome requirements of this Unit of Competency are:</p> <ul style="list-style-type: none">• Ability to assess, analyse and determine the condition of the acute stroke among elderlies; and• Ability to provide appropriate management, according to relevant procedures and guidelines of the institution regarding management of acute stroke, and the level of consciousness of elderlies
Remark	