

Specification of Competency Standards
for the Elderly Care Service Industry
Unit of Competency

Functional Area - Clinical Care

Title	Handle Shock and Syncope
Code	106075L3
Range	This Unit of Competency is applicable to employees in elderly care service industry who provide clinical care to elderlies. This Competency involves the ability of analysis and making judgment. Employees are required to assess, analyse and determine whether elderlies are in the condition of a shock or syncope, provide appropriate initial management, and arrange hospital transportation for elderlies, according to relevant procedures and guidelines of the institution, in order to increase elderlies' chance of survival.
Level	3
Credit	1 (For Reference Only)
Competency	<p>Performance Requirements</p> <p>1. Relevant knowledge on shock and syncope</p> <p style="padding-left: 40px;">Be able to</p> <ul style="list-style-type: none"> • Understand relevant procedures and guidelines of the institution regarding management of shock and syncope • Understand the basic physiology and anatomy of circulatory system and nervous system • Understand the definition, types, causes and symptoms of shock • Understand the definition, causes and symptoms of syncope • Understand methods to assess shock and syncope, such as: <ul style="list-style-type: none"> ○ Someone with syncope exhibits complete lack of response to sound and pain ○ Symptoms of shock • Understand the management of shock and syncope <p>2. Management of shock and syncope</p> <p style="padding-left: 40px;">Be able to</p> <ul style="list-style-type: none"> • Understand the actual environment and the condition of elderlies, minimize the risk under safe and feasible circumstances, such as: <ul style="list-style-type: none"> ○ Ensure the safety of employees themselves, elderlies and others present ○ Remove obstacles ○ Evacuate the crowd ○ Move elderlies to a safer place • Assess the level of consciousness and other symptoms of elderlies, analyse and determine whether elderlies are in the condition of a shock or syncope • Call an ambulance, inform supervisor and request for assistance • Manage elderlies in shock or syncope, according to relevant procedures and guidelines of the institution regarding management of shock and syncope, including <ul style="list-style-type: none"> ○ Find out and eliminate the causes of shock and syncope if possible, for example, controlling bleeding, comforting elderlies to soothe their fear, and providing oxygen to hypoxic elderlies ○ Settle elderlies in an appropriate posture to prevent symptoms from getting worse, for example, elderlies with syncope may rest in recovery position; elderlies in shock may lie on their back with legs elevated ○ Loosen any tight clothing and keep airway and breathing clear ○ Do not give any food or drinks to elderlies ○ Measure elderlies' level of consciousness and vital signs regularly • Report to the ambulance personnel the sequence of events, elderlies' vital signs and treatments given • Document the entire first-aid procedure in detail, and keep it properly

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	<p>3. Exhibit professionalism</p> <p>Be able to</p> <ul style="list-style-type: none">• Assess and determine correctly the severity and condition of elderlies, and provide appropriate first-aid management• Ensure safety of elderlies and protect their privacy• Be mindful of the fear and discomfort elderlies may experience and provide comfort and support
Assessment Criteria	<p>The integrated outcome requirements of this Unit of Competency are:</p> <ul style="list-style-type: none">• Ability to assess the condition of elderlies patient, analyse and determine whether elderlies are in the condition of a shock or syncope; and• Ability to provide appropriate management according to relevant procedures and guidelines of the institution on management of shock and syncope, and the level of consciousness of elderlies
Remark	