

Specification of Competency Standards
for the Elderly Care Service Industry
Unit of Competency

Functional Area - Clinical Care

Title	Assess the Risk of Pressure Sores
Code	106054L3
Range	This Unit of Competency is applicable to employees in the elderly care service industry who provide clinical care to elderlies. This Competency involves the ability of analysis and making judgment. Employees are required to assess elderlies' skin condition and the risk of developing pressure sores according to the relevant guidelines and protocol of the institution .
Level	3
Credit	3 (For Reference Only)
Competency	<p>Performance Requirements</p> <p>1. Knowledge on pressure sores</p> <p>Be able to</p> <ul style="list-style-type: none"> • Understand the relevant clinical guidelines and protocols of the institution regarding assessing the risks of developing pressure sores • Understand the causes of pressure sores, including intrinsic and extrinsic factors • Understand the common sites of pressure sores development • Understand the stages of pressure sores and the associated complications • Understand the methods to assess the risk of developing pressure sores, such as: <ul style="list-style-type: none"> ○ Braden Scale ○ Norton scales <p>2. Assessing risk of pressure sores</p> <p>Be able to</p> <ul style="list-style-type: none"> • Provide assessment to elderlies who are recently admitted to or discharged of the institution, and those showing progressive frailty, such as: <ul style="list-style-type: none"> ○ past medical history ○ level of mobility ○ allergic history ○ drug history ○ incontinence ○ skin and wound condition ○ other intrinsic factors, such as nutritional status and body build ○ extrinsic factors such as room temperature, adequacy of support from mattress and seats • Identify the risk of developing pressure sores based on scoring scale • Assess the skin condition and the general condition of elderlies during day-to-day care; report to healthcare professionals if needed • Document and file the assessment result properly, facilitate the formulation of plans to prevent pressure sores • Perform assessment regularly to those in need to achieve continuous monitoring of risk of developing pressure sores <p>3. Exhibit professionalism</p> <p>Be able to</p> <ul style="list-style-type: none"> • Take measures to protect the privacy of elderlies during assessment • Perform accurate assessment on elderlies' risk of developing pressure sores • Use appropriate scales to identify those that are at risk of developing pressure sore

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	<ul style="list-style-type: none">• Provide long-term comparative follow-up management according to the health condition of elderlies
Assessment Criteria	<p>The integrated outcome requirements of this Unit of Competency are:</p> <ul style="list-style-type: none">• Ability to assess the skin condition of the elderly and their risk of pressure sores according to the relevant guidelines and protocols;• Ability to perform a detailed and accurate assessment using the appropriate pressure sores risk scale; and• Ability to properly document the assessment result in details, as reference materials when formulating long-term care plans for elderlies
Remark	