

Specification of Competency Standards
for the Elderly Care Service Industry
Unit of Competency

Functional Area - Clinical Care

Title	Perform urinary Catheter Care
Code	106046L2
Range	This Unit of Competency is applicable to employees in the elderly care services industry who provide clinical care to elderlies. Under supervision, employees are required to provide proper urinary catheter care to elderlies according to the relevant guidelines and protocols of the institution, in order to reduce the risks of complications
Level	2
Credit	2 (For Reference Only)
Competency	<p>Performance Requirements</p> <p>1. Knowledge of urinary catheter care</p> <p style="padding-left: 40px;">Be able to</p> <ul style="list-style-type: none"> • Understand the basic anatomy of the uro-genital system, including: <ul style="list-style-type: none"> ○ urinary bladder ○ urethra • Understand the common types of urinary catheters and their operating mechanism • Understand the complications caused by indwelling urinary catheters, such as: <ul style="list-style-type: none"> ○ urinary tract infections ○ urinary retention ○ haematuria (blood in urine) • Understand the methods of providing urinary catheters care • Understand the methods to empty urine collection bags • Understand procedures to document urinary catheter care • Understand the relevant guidelines and protocols on urinary catheter care <p>2. Provide urinary catheter care</p> <p style="padding-left: 40px;">Be able to</p> <ul style="list-style-type: none"> • provide proper urinary catheter care according to the relevant guidelines and protocols, such as: <ul style="list-style-type: none"> ○ the urine collection bag should be positioned below the urinary bladder ○ keep the drainage system sealed ○ keep the urinary catheter clear ○ stabilize the position of the urinary catheter ○ clean the urethral opening and the surrounding skin regularly • empty the urine collection bag at regular intervals <ul style="list-style-type: none"> ○ adapt standard precautions, wear gloves and wash hands ○ use alcohol to clean the opening of the drainage system ○ measure the volume of urine and clean the measuring cups • Properly document the colour, nature and amount of urine and the time of emptying the urine collection bag <p>3. Exhibit professionalism</p> <p style="padding-left: 40px;">Be able to</p> <ul style="list-style-type: none"> • provide urinary catheter care strictly according to the relevant guidelines and protocols • protect the privacy of the elderly and maintain their dignity • Be mindful of the discomfort caused by the procedure; offer comfort and support

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Assessment Criteria	The integrated outcome requirements of this Unit of Competency are: <ul style="list-style-type: none">• Ability to provide proper urinary catheter care according to the relevant guidelines and protocols; and• Ability to document urine condition properly and the time at which urinary catheter care is performed.
Remark	Reference: Code of Practice for Residential Care Homes (Elderly Persons) Chapter 11.7.