

Specification of Competency Standards
for the Elderly Care Service Industry
Unit of Competency

Functional Area - Clinical Care

Title	Observe Physical Symptoms of Diseases
Code	106008L2
Range	This Unit of Competency is applicable to employees in the elderly care service industry who provide clinical care to the elderlies. The Competency requires the ability to follow the advice given by health care professionals, and relevant guidelines from the institution to monitor signs and symptoms of the elderlies. Employees are required to perform their duties under supervision, identify any abnormalities the elderlies display, prepare documents, and report to health care professionals.
Level	2
Credit	5 (For Reference Only)
Competency	<p>Performance Requirements</p> <p>1. Relevant knowledge to monitor signs and symptoms of diseases</p> <p style="padding-left: 40px;">Be able to</p> <ul style="list-style-type: none"> • Understand the pathology of common diseases among the elderly • Understand the basic method to monitor health conditions • Understand the reference range of various vital signs and parameters • Understand the methods to document and report signs and symptoms of possible diseases, such as: <ul style="list-style-type: none"> ○ Blood pressure and body temperature chart ○ Pain record chart. • Understand the advice given by healthcare professionals in monitoring elderlies' signs and symptoms of diseases • Understand the relevant guidelines and procedures with respect to monitoring elderlies' signs and symptoms of diseases <p>2. Monitoring elderlies' signs and symptoms</p> <p style="padding-left: 40px;">Be able to</p> <ul style="list-style-type: none"> • Verify the identity of the elderly to ensure he/she is the observation target • Identify the parameters or vital signs that need to be monitored according to the advice given by healthcare professionals regarding signs and symptoms of the elderly • Perform relevant procedures properly according to the guidelines and procedures of the institution with respect to monitoring signs and symptoms of diseases • Determine the appropriate ways of observation or the devices required; use the devices properly • Detect any abnormality from observed data • Document accurately the data observed • Report to healthcare professionals immediately if any abnormality is observed <p>3. Exhibit professionalism</p> <p style="padding-left: 40px;">Be able to</p> <ul style="list-style-type: none"> • Respect and protect the privacy of the elderlies during the observation of signs and symptoms of diseases • Be mindful of the elderlies' concerns regarding the check-up; provide proper explanations and offer comfort
Assessment Criteria	The integrated outcome requirements of this Unit of Competency are:

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	<ul style="list-style-type: none">• Ability to monitor elderlies' signs and symptoms of diseases under supervision, and detect abnormalities from the obtained data; and• Ability to document elderlies' health conditions accurately and make referrals to healthcare professionals for follow up accordingly.
Remark	Monitoring signs and symptoms of diseases involve parameters such as heart rate, blood pressure, blood glucose level, breathing rate and blood oxygen level.