

Specification of Competency Standards of the Beauty and Hairdressing Industry

Unit of Competency

Functional Area: Hair & Scalp Care

Title	Apply Shampooing and Head Massage Techniques
Code	105353L1
Range	This unit of competency (UoC) is applicable in salons. Practitioners should be able to provide shampooing and head massage service for customers under the instruction of hair stylists.
Level	1
Credit	3 (for reference only)
Competency	<p>Performance Requirements</p> <ol style="list-style-type: none"> 1. Understand shampooing, hair conditioning knowledge and head massage theory <ul style="list-style-type: none"> • Know about basic knowledge of shampooing and hair conditioning, including: <ul style="list-style-type: none"> • The reasons and the importance of shampooing and caring for hair and scalp • Correct and safe procedures for shampooing and hair conditioning, e.g.: water temperature and flow control, sequence of using shampooing and hair conditioning products, etc. • Know about basic shampooing and hair conditioning products, including: <ul style="list-style-type: none"> • The types, efficacy and the use of general shampooing and hair conditioning products • Efficacies of shampooing and hair conditioning products of different natures to different hair textures • Know about methods of cleaning and disinfecting different types of shampooing tools • Know about head massage basic theory, including: <ul style="list-style-type: none"> • Locations of major acupoints of the head • Physical effect of head massage • Considerations when carrying out head massage, e.g. hair and scalp condition, hair length and density, etc. • Know about different head massage techniques, effects and contraindications, e.g. petrissage, friction, circulation, effleurage • Know about the effects and proper use of general head massage products • Know about preventive measures against massage-related occupational diseases • Know about basic preventive measures against infectious diseases 2. Carry out shampooing, hair conditioning and head massage <ul style="list-style-type: none"> • Carry out preparations before the treatment, e.g.: <ul style="list-style-type: none"> • Choose and prepare appropriate shampooing, hair conditioning and massage products • Do hand exercise before massaging • Apply shampooing, hair conditioning knowledge and head massage techniques to carry out shampooing, hair conditioning and head massage service for customers under the instruction of hair stylists according to customer needs as well as codes of practice for personal and working hygiene 3. Exhibit professionalism <ul style="list-style-type: none"> • Keep the customer's and one's own posture correct throughout the whole service process, and complete shampooing and head massage within a reasonable time
Assessment Criteria	<p>The integrated outcome requirements of this UoC are the abilities to:</p> <ul style="list-style-type: none"> • Choose appropriate shampooing, hair conditioning and massage products according to customer needs; and • Under the instruction of hair stylists, apply knowledge of shampooing and hair conditioning and head massage basic techniques to provide shampooing and hair conditioning and head massage service for customers within the specified time according to codes of practice for personal and working hygiene.
Remark	