

1. Title	Know about basic techniques and common problems for nail and hand/foot care		
2. Code	BEZZNA103A		
3. Range	Know about basic techniques and common problems for nail and hand/foot care, handle general customer enquiries, recommend nail and hand/foot treatments to customers, and assist with the treatments according to the instructions in beauty salons and places providing hand/foot treatments.		
4. Level	1		
5. Credit	3 (for reference only)		
6. Competency	<p style="text-align: center;"><u>Performance Requirements</u></p> <p>6.1 Basic techniques and common problems for nail and hand/foot care</p> <ul style="list-style-type: none"> <li>◆ Understand the basic hand/foot care knowledge, procedures and contraindications e.g. exfoliation, hand/foot massage</li> <li>◆ Know about the basic nail care, procedures and contraindications e.g. manicure, application of protective enamel</li> <li>◆ Know about the finger/toe nail types and correct manicure/pedicure techniques</li> <li>◆ Know about the basic hand/foot massage techniques, effects and contraindications e.g. effleurage, petrissage, friction, tapotement, and vibration</li> <li>◆ Know about the common problems for nail and hand/foot care e.g. eczema, psoriasis</li> </ul> <p>6.2 Apply basic nail and hand/foot care knowledge</p> <ul style="list-style-type: none"> <li>◆ Answer customers' general enquiries on nail and hand/foot care</li> <li>◆ Master the basic nail and hand/foot care knowledge and explain to customers different nail and hand/foot treatments, product effects, contraindications and treatment process</li> <li>◆ Assist with the nail and hand/foot treatments according to the instructions</li> </ul>		

7. Assessment Criteria	<p>The integrated outcome requirements of this unit of competency are:</p> <ul style="list-style-type: none"><li>(i) Capable to know about basic techniques and common problems for nail and hand/foot care;</li><li>(ii) Capable to handle general customer enquiries and recommend nail and hand/foot treatments; and</li><li>(iii) Capable to assist with the nail and hand/foot treatments according to the instructions and the code of practice for personal and working hygiene.</li></ul>
8. Remarks	