

1. Title	Know about basic structure of hand and foot bones and muscular system
2. Code	BEZZNA102A
3. Range	Know about the basic structure of hand and foot bones, and muscular and nervous systems; and provide suitable hand and foot treatment or advice to the customers in beauty parlors and places providing body care treatment.
4. Level	1
5. Credit	6 (for reference only)
6. Competency	<p style="text-align: center;"><u>Performance Requirements</u></p> <p>6.1 Know about basic structure of hand and foot bones, and muscular and nervous systems</p> <ul style="list-style-type: none"> ◆ Know about the basic structure of hand and foot including: <ul style="list-style-type: none"> • Basic structure and functions of muscular system e.g. pronator, supinator, musculus extensor, flexor tendons, abductor digiti minimi • Basic structure and functions of bone system e.g. metacarpals, phalanges, carpals, tarsal, intermediate cuneiform, calcaneus • Basic structure and functions of nervous system e.g. Neuro ulnar nerve, median nerve <p>6.2 Apply knowledge of hand and foot structure to treatments</p> <ul style="list-style-type: none"> ◆ Apply the basic knowledge of hand and foot structure correctly to general hand and foot treatments ◆ Recognize the health condition of the customers' hands and feet, and recommend suitable care method
7. Assessment Criteria	<p>The integrated outcome requirements of this unit of competency are:</p> <p>(i) Capable to apply the basic knowledge of hand and foot structure correctly when providing hand and foot treatments; and</p> <p>(ii) Capable to provide treatments or advice to suit the health condition of the customers' hands and feet.</p>
8. Remarks	