

1. Title	Evaluate the effects of foot reflexology
2. Code	BEZZHC410A
3. Range	Evaluate the effects of foot reflexology for customers in beauty workplaces providing foot reflexology, modify treatment plans and to follow up according to customers' physical conditions.
4. Level	4
5. Credit	9 (for reference only)
6. Competency	<p style="text-align: center;"><u>Performance Requirements</u></p> <p>6.1 Understand the effects of foot reflexology on human body</p> <ul style="list-style-type: none"> ◆ Understand the health care effects of foot reflexology on human body ◆ Understand the contraindications and restrictions of foot reflexology ◆ Understand relevant codes of hygiene and safety ◆ Understand the techniques of evaluating the effects of treatment, such as: <ul style="list-style-type: none"> • Observation • Making enquiries <p>6.2 Evaluate the effects of foot reflexology</p> <ul style="list-style-type: none"> ◆ Analyze and evaluate, according to the customers' physical condition, treatment needs, conditions and reactions at different stages of treatment, to see if the effect of gradual improvement is achieved as expected ◆ Modify the treatment plan and follow up regularly according to the evaluation results
7. Assessment Criteria	<p>The integrated outcome requirements of this unit of competency are:</p> <p>(i) Capable to master the health care effects of foot reflexology ;</p> <p>(ii) Capable to make objective and rational analysis on the massage techniques according to the customers' reactions to the massage, and evaluate the effects of foot reflexology; and</p> <p>(iii) Capable to modify the treatment plan and follow up regularly according to the physical condition of the customers in order to achieve the expected result.</p>
8. Remarks	