

1. Title	Apply professional aromatherapy knowledge to mood relaxation and beauty enhancement	
2. Code	BEZZHC404A	
3. Range	Master aromatherapy beauty care knowledge to blend aromatherapy products and provide aromatherapy beauty treatments at places providing such services according to customers' needs for mood relaxation and beauty enhancement.	
4. Level	4	
5. Credit	9 (for reference only)	
6. Competency	<p style="text-align: center;"><u>Performance Requirements</u></p> <p>6.1 Aromatherapy beauty theory</p> <ul style="list-style-type: none"> ◆ Understand the psychological and beauty effects of aromatherapy such as uplifting spirit, relieving stress, moisturising skin, etc. ◆ Understand the properties, vaporization speed and beauty effects of popular essential oils and carrier oils ◆ Understand the blending techniques and effects of oil compounds and relevant noting points ◆ Understand the techniques, dilution ratio and noting points for blending massage oils ◆ Be familiar with the effects, applying techniques and contraindications of popular aromatherapy beauty treatments ◆ Understand the way of entry of aromatherapy oil into the body ◆ Understand the safety practices and cautions for using essential oils <p>6.2 Blend aromatic oils for mood relaxation and beauty enhancement</p> <ul style="list-style-type: none"> ◆ Master the techniques of blending aromatherapy products, select and blend essential oils and carrier oils according to correct dilution ratio to suit the customers' skin type and treatment needs ◆ Master all kinds of aromatherapy beauty care techniques, and use blended aromatherapy products to carry out aromatherapy beauty treatment, according to the customers' treatment needs and agreed treatment plan, for mood relaxation and beauty enhancement ◆ Observe adverse effects in the process of treatment and make judgement to take remedial actions accordingly ◆ Evaluate and analyze the treatment to see if the expected effects are achieved with corresponding follow up, and provide improvement/remedical actions 	

	<ul style="list-style-type: none"> ◆ Advise the customers some professional suggestions on home beauty-care and relevant concerns ◆ Clearly record the information on the aromatherapy products used and effects on the customers for follow-up and future reference
7. Assessment Criteria	<p>The integrated outcome requirements of this unit of competency are:</p> <ul style="list-style-type: none"> (i) Capable to master aromatherapy beauty knowledge, the techniques of blending aromatherapy products, their effects and contraindications; (ii) Capable to select suitable types of essential oils, blend them into aromatherapy products according to correct dilution ratio, and apply them in aromatherapy beauty treatments to suit customers' physical conditions and needs for mood relaxation and beauty enhancement; and (iii) Capable to apply professional aromatherapy knowledge to evaluate and analyze the treatment to see if the expected effects are achieved with corresponding follow up.
8. Remarks	