

1. Title	Master the relationship between aromatherapy beauty and the operation of nervous and endocrine systems
2. Code	BEZZHC402A
3. Range	Master the aromatherapy beauty care techniques and knowledge of the relationship between aromatherapy beauty and the operation of nervous and endocrine systems; introduce aromatherapy products (explaining and demonstrating the methods of using the products) or provide aromatherapy beauty treatments in aromatherapy product shops and places providing aromatherapy beauty treatments to suit customers' physical conditions and needs.
4. Level	4
5. Credit	6 (for reference only)
6. Competency	<p style="text-align: center;"><u>Performance Requirements</u></p> <p>6.1 Basic concept of the relationship between aromatherapy beauty care knowledge and the nervous and endocrine systems</p> <ul style="list-style-type: none"> ◆ Understand the knowledge of aromatherapy beauty care, including: <ul style="list-style-type: none"> • Types, properties and effects of essential oils and carrier oils • Effects and contraindications of aromatherapy beauty care • Chemical components and applications of essential oils • Dilution ratio and blending techniques for essential oils • Contraindications of aromatherapy products ◆ Understand the basic concept of the nervous system, such as: <ul style="list-style-type: none"> • Structure and functions of the nervous system • Causes of stimulation of the system e.g. chemicals, massage, etc. ◆ Understand the basic concept of the endocrine system, such as: <ul style="list-style-type: none"> • Structure and functions of the endocrine system • Effects of endocrine disorder on human body ◆ Understand the relationship between the endocrine system, blood and nervous system ◆ Understand the ways of entry of aromatherapy oil, including: <ul style="list-style-type: none"> • From respiratory system to tissues and systems being affected • From skin to tissues and systems being affected

	<p>6.2 Master the relationship between aromatherapy beauty and the operation of nervous and endocrine systems</p> <ul style="list-style-type: none"> ◆ Master the relationship between aromatherapy beauty and the operation of nervous and endocrine systems; introduce aromatherapy products (explaining and demonstrating the methods of using the products) or provide aromatherapy beauty treatments to suit customers' physical conditions and needs ◆ Explain to customers the effects of aromatherapy beauty care on the body and mind, such as: <ul style="list-style-type: none"> • Regulating and balancing the nervous system • Helping physiological regulation of the body • Relieving/solving skin problems • Skin care ◆ Explain to customers the methods and contraindications of using aromatherapy products
7. Assessment Criteria	<p>The integrated outcome requirements of this unit of competency are:</p> <ul style="list-style-type: none"> (i) Capable to master basic knowledge of aromatherapy beauty, and the nervous and endocrine systems; and (ii) Capable to master the relationship between aromatherapy beauty and the operation of nervous and endocrine systems; introduce aromatherapy products (explaining and demonstrating the methods of using the products) or provide aromatherapy beauty treatments to suit customers' physical conditions and needs.
8. Remarks	