

1. Title	Blend aromatherapy products for beauty care	
2. Code	BEZZHC301A	
3. Range	Master aromatherapy beauty knowledge and techniques; select and blend aromatherapy products and provide beauty services at places providing such services to suit customers' needs.	
4. Level	3	
5. Credit	6 (for reference only)	
6. Competency	<p style="text-align: center;"><u>Performance Requirements</u></p> <p>6.1 Aromatherapy product blending and beauty care knowledge</p> <ul style="list-style-type: none"> ◆ Understand the properties, beauty effects and mixed use of popular aromatherapy essential oils ◆ Understand the properties and beauty effects of popular carrier oils ◆ Understand the techniques, dilution ratio and concerns for blending compound essential oils ◆ Understand the techniques, dilution ratio and concerns for blending massage oils ◆ Understand the beauty therapy effects and possible physical effects or adverse effects of aromatherapy product compounds ◆ Understand popular aromatherapy treatments, their effects and relevant concerns e.g. vaporisation, direct inhalation, cold/hot compress, bath, etc. ◆ Understand the contraindications of aromatherapy for beauty care e.g. pregnancy, high blood pressure, epilepsy and over-sensitivity of skin ◆ Know about the handling and storage methods of all types of aromatherapy products and relevant concerns ◆ Understand types of essential oils suitable for different types of skins e.g. dry, oily, sensitive, aging, etc. ◆ Understand safety practices and concerns for using essential oils <p>6.2 Blend aromatic oils for beauty care</p> <ul style="list-style-type: none"> ◆ Make preparations for aromatherapy beauty treatment, such as: <ul style="list-style-type: none"> • Preparing the treatment room and necessary materials • Sterilizing the hands and tools 	

	<ul style="list-style-type: none"> ◆ Master the effects and blending techniques of different essential oils, and popular aromatherapy beauty care methods; correctly select and blend aromatherapy oil products and carry out related beauty treatment according to the customers' needs and the agreed treatment plan: <ul style="list-style-type: none"> • Correctly select, blend and dilute essential oils and carrier oils to suit the parts of the body being treated, age and skin nature of the customers • Correctly blend massage oils, essential oil compounds, etc. to suit different beauty needs and methods ◆ Clearly explain the information, beauty treatment effects and possible adverse effects of the aromatherapy products used by the customers; record relevant information ◆ Advise the customers on home beauty-care and relevant concerns
7. Assessment Criteria	<p>The integrated outcome requirements of this unit of competency are:</p> <ul style="list-style-type: none"> (i) Capable to master aromatherapy beauty knowledge, the techniques of blending aromatherapy oil products and their effects and contraindications; and (ii) Capable to select essential oils and carrier oils, blend them according to correct dilution ratio and carry out beauty treatment to suit the customers' treatment needs.
8. Remarks	