

1. Title	Know about the development and effects of different types of head massage
2. Code	BEZZCN227A
3. Range	Know about the history of development, characteristics and effects of various types of head massage; answer customers' enquiries and provide head massage treatments at places providing such services.
4. Level	2
5. Credit	3 (for reference only)
6. Competency	<p style="text-align: center;"><u>Performance Requirements</u></p> <p>6.1 Know about all types of head massage</p> <ul style="list-style-type: none"> <li>◆ Know about the history of development and characteristics of all types of head massage, including: <ul style="list-style-type: none"> <li>• Eastern countries</li> <li>• Western countries</li> </ul> </li> <li>◆ Know about the effects of popular types of head massage, including: <ul style="list-style-type: none"> <li>• Reducing fatigue</li> <li>• Relieving pain</li> <li>• Relaxing muscle tissues</li> <li>• Improving blood circulation</li> </ul> </li> <li>◆ Know about various types of head massage techniques and their applications</li> <li>◆ Know about the contraindications of various types of head massage</li> </ul> <p>6.2 Apply head massage knowledge</p> <ul style="list-style-type: none"> <li>◆ Briefly explain to the customers the history of development, characteristics and effects of various types of head massage according to the organization's code of practice</li> <li>◆ Answer customers' enquiries and advise on suitable head massage treatment</li> <li>◆ Apply the knowledge of head massage in providing the customers with such service</li> </ul>
7. Assessment Criteria	<p>The integrated outcome requirements of this unit of competency are:</p> <p>(i) Capable to know about the history of development, characteristics and effects of head massage; and</p> <p>(ii) Capable to apply the knowledge of head massage in providing the customers with such service according to the organization's code of practice.</p>
8. Remarks	